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SANIBEL & CAPTIVA ISLANDS, FLORIDA

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The original Captiva Fire Station on Chapin Lane, circa 1961

Captiva Island Fire District Grows From A Bucket Brigade To A Professional Fire/Rescue Force

submitted by David Rohn

The grand opening of a new fire station on Captiva, scheduled for Saturday, July 18, will serve as a very special anniversary present for the 60th anniversary of the creation of the Captiva Island Fire District, said Rich Dickerson, the island's fire chief.

Over that span of six decades, the Captiva Fire Department has transformed from little more than a volunteer bucket brigade to a squad of highly-trained professionals with sophisticated equipment who not only fight fires, but have Advanced Life Support training to deal with everything from cardiac arrests, drownings and trauma victims to tourists who get stung by jellyfish while swimming at the beach.

The origins of today's fire department actually go back even further to the late 1940s when the fledgling Captiva Civic Association and its CCA Woman's Auxiliary created the Captiva Volunteer Fire Department. By 1949, the CCA discussed buying firefighting equipment and recruiting 25 volunteer firefighters

Within a year, the CCA had received the donation of a used fire truck, a recalculating pump and a new fire hose from island resident Jay Norwood "Ding" Darling. It also had recruited 22 volunteers.

In 1953, the CCA named John Wakefield as the first volunteer fire chief. Andy Rosse was his assistant chief. Joe Wightman was named maintenance engineer and was paid \$10 a month to keep the firefighting equipment in good working order.

CCA minutes for January 21, 1954 indicate that for a cost of \$384.16, a group of volunteers built a new fire station - consisting of a tin shed - across the street from where the department's new \$3.5 million fire station has emerged. All but five property owners on the island donated \$25 per parcel for firefighting services, and Chief Wakefield proclaimed Captiva's fire truck and equipment the best in all of Lee County.

New Fire District Created

The following year – 60 years ago – Florida's legislature approved legislation creating the Captiva Fire Control District. This elevated the island's fire department to an independent state taxing district and created an appointed fire commission, which would later become an elected commission. Captiva's Fire Control District also covered part of Sanibel north of Bowman's Beach until 1974, when Sanibel became incorporated as a

In 1960, the CCA built a new one engine fire station, which remains a part of the recently remodeled and expanded CCA building and Captiva Memorial Library on Chapin Lane. But with the subsequent construction of the Sanibel Causeway and the growth of what is now South Seas Island Resort in the 1970s, Captiva was becoming a major mecca for tourists and snowbirds. And its fire department quickly outgrew both

The 25th Annual Sanibel-Captiva Independence Day Parade



Thousands of spectators lined Periwinkle Way on Saturday morning to celebrate the 4th of July and watch the 25th annual Sanibel-Captiva Independence Day Parade

photos by Jeff Lysiak







What's Cooking at The House?

Next Summer Potluck July 22

Plan to socialize with islanders and visitors at the next Summer Potluck on Wednesday, July 22 beginning at 6 p.m. at The Community House, 2173 Periwinkle Way.

This Community House potluck will feature nutritious summer salads featuring Nikki Rood, executive chef and co-owner of The Sanibel Sprout. She will offer simple ideas to enhance your salad presentations with nutritious ingredients, interesting dressings and quality produce. Chef Nikki will share her secrets of a healthy lifestyle and ways to incorporate cool salads into your hot July summer meals.

There is no cost to attend the potluck, but you must bring an appetizer, entrée or dessert (enough for six or more) and your favorite beverage. Reservations are request-

ed for planning purposes.

You've asked for it and we heard you, but to keep it easy, the potluck will be BYOB, with water and iced tea supplied by the House. Although this is a free event, reservations will be greatly appreciated for planning purposes. Call your friends, then call 472-2155.

Watch for this ongoing What's Cooking column in the newspaper as we share happenings, recipes and acivities. $\frak{1}$

AmericanLegion Post 123

n Sunday, July 12, American Legion Post 123 will serve a BBQ ribs and chicken dinner from 1 to 8 p.m. Cost is \$12 to \$14.

On Sunday, July 19, the legion will host a Fish Fry all day long. Nine-ball pool tournaments are played every Monday starting at 5 p.m.

"Hump day" specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from $11\ a.m.$ to $8\ p.m.$ The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

Free Blood Pressure Screenings

The Sanibel Fire District will offer complimentary blood pressure screenings at the Sanibel Recreation Center on Monday, July 13 from 9 to 11:30 a.m. High blood pressure increases the risk of stroke, heart attack, heart failure, kidney disease and even blindness in some cases. The Sanibel Fire District's complimentary screenings are offered as a first step in determining if further examination by a health care professional is necessary.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.

Mobile Mammogram Returns

The City of Sanibel Recreation Center will host the Radiology Regional Center's Mobile Mammo Coach from 10 a.m. to 2 p.m. on Tuesday, July 14.

The Mobile Mammo Coach is a state-of-the-art breast imaging clinic, providing full field digital mammography services. Most insurances are accepted and discounted self-pay pricing available.

According to estimates from the American Cancer Society, one in eight women

Mobile Mammogram

will be diagnosed with breast cancer. More importantly, with early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97 percent. Mammography is one aspect of breast health, in addition to monthly self-exams and an annual physician exam.

For an appointment or if you have any questions relative to the test, call the Radiology Regional Center at 936-2316.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.



Did you know that The Sanibel Captiva Trust Company is the largest independent Trust Company in Southwest Florida? Since 2001, we have been known for combining personal service with world class investment management to create a superior client experience. Our island-based financial managers provide the care and attention your life's goals deserve. We invite you to come in and visit with us.



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Captiva Community Panel Meets July 14

he Captiva Community Panel will hold its regular monthly meeting on Tuesday, July 14 beginning at 9 a.m. in the Cone Rooms at Chadwicks Square, located at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Discussion about mangrove protection (invited)
- Sewer Committee update (tentative)
- A Captiva Erosion Prevention District update
- A Captiva Fire District update
- A Hurricane Preparedness and Response Committee update
- Other business as necessary

Public participation is invited and encouraged. The next Captiva Community Panel meeting will tentatively be held on August 11. Information and background documents are available online at www.captivacommunitypanel.com.

No CEPD Meeting This Month

The Captiva Erosion Prevention District will hold its next monthly board meeting on Wednesday, August 12 at 1 p.m. in the Wakefield Room at 'Tween Waters Inn. Call 472-2472 or go to http://mycepd.com for further information.

Sea Turtle Nesting Restrictions In Effect

Between May 1 and October 31, Captiva beaches are regularly monitored for sea turtle nesting and hatching success and for individual property owner compliance with lighting restrictions. No light source should be directly visible from the beach. Unshielded interior lighting, even from a single beachfront condominium, is enough to disrupt the normal sea-finding behavior of sea turtle hatchlings. Monitors also look for beach furniture and other impediments left on the beach overnight. Homeowners must correct the violations and citations may be issued.

- Examples of 2014 lighting violations and their remedies include:

 Unshielded white lights Changing bulbs to amber LEDs, shielding the light fixture and turning off the lights during the nesting season
- Bright white light reflecting off exterior walls Changing bulbs to amber LEDs and adjusting the fixtures to eliminate light reflected toward the beach
- Bright white lights on corner of roof shining on the beach Changing bulbs to
- amber LEDs, shielding the fixture and directing the light away from the beach

 White uplights illuminating palm trees and landscaping on seaward side of house Turning off lights during turtle nesting season

- White exterior and interior lights shining seaward Changing bulbs to amber LEDs, shielding fixtures and closing the blinds
- Bright white ground lights illuminating sign at entrance drive- Changing bulbs to amber LEDs and reducing the wattage
- Bright white stair, hall and porch lights Changing bulbs to amber LEDs and shielding the fixtures

If there is any doubt whether a light is an issue, simply turn it off and keep it off at night between May 1 and October 31. For more information about lighting restrictions during nesting season and approved lighting fixtures, visit www.leegov.com/gov/dept/ dcd/EnvSciences/SeaTurtles/Pages/Lights.aspx.

Galloway Captiva Tri Returning In September

The popular Galloway Captiva Tri returns to the island on September 12 and 13, with the children's event held on the north end of South Seas Island Resort on Saturday morning and the adults racing Sunday morning. That means Captiva Drive will be closed to traffic (except for emergency vehicles) on Sunday, September 13 from approximately 6:45 to 8:45 a.m. (or as soon as the last bicyclist is off the road). Plan accordingly and plan to watch the racers if you're on the island that weekend.

2nd Annual Island Hopper Songwriter Fest

Award-winning, internationally recognized singer-songwriters will entertain at the Island Hopper Songwriter Fest this fall on Captiva Island, Fort Myers Beach and downtown Fort Myers. The 2nd annual Island Hopper Songwriter Fest begins September 17 to 20 on Captiva and wraps up September 25 to 27 on Fort Myers Beach. Downtown Fort Myers will feature mid-week performances September 21 to 24.

The free event takes place over 10 consecutive days and includes a range of starstudded performers. Songwriters who have penned top hits for such artists as Garth Brooks, Brad Paisley and Lee Ann Womack will perform at multiple venues, including 'Tween Water's Crow's Nest, Key Lime Bistro and Doc Ford's at South Seas Island Resort.

The event is presented by The Beaches of Fort Myers & Sanibel; BMI, the largest music rights organization in the U.S.; along with partners iHeartMedia, and Cat Country 107.1. For details, visit www.islandhopperfest.com.

Captiva Holiday Village Begins Thanksgiving Weekend

Starting with a tree-lighting and fireworks, the island transforms into a Holiday Village with events every weekend through December. This themed, fun-filled holiday extravaganza is set against the backdrop of the shimmering Gulf of Mexico and breathtaking sunsets. Visitors during Captiva Holiday Village weekends can enjoy a Mullet Band parade, lighted boat parade, South Seas holiday strolls, a Junkanoo Parade, a carol sing at the Chapel by the Sea, sunset arias, a holiday golf cart parade and much more. Details are available online at www.captivaholidayvillage.com.

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Rotary Happenings

submitted by Shirley Jewell

¬riday, June 26 was the last official duty day for our outgoing Sanibel-Captiva Rotary Club President July 2014-15, Bill Rahe. But before



handing over the gavel to incoming President July 2015-16 Chris DeCosta, there was a review of sorts of some of the major highlights of Rahe's term in office. Under Bill's leadership, the club undertook the exploration of a new type of fundraiser for San-Cap Rotary with the club presenting the highly acclaimed theatrical production of *Unsinkable* Women, a one-woman show written and performed by award-winning New York actress Deborah Jean Templin. This type of fundraiser will not replace our primary Rotary Arts & Crafts Fair fundraiser, but will supplement giving specifically on the islands.

This year, the Sanibel-Captiva Rotary Trust Foundation – giving arm of the Sanibel Captiva Rotary Člub – has been able to distribute close to \$120,000 for global, national and local projects; some of our larger global projects were matched by Rotary International and included collaborative grants on water projects in Guatemala. Sanibel-Captiva Rotary is cur-



Chris DeCosta, left, and Bill Rahe at last month's gavel presentation

rently participating in micro-loans for coffee farming in Guatemala and micro-loans to a women's co-op in Ethiopia.

Rotary International and the Polio Plus campaign has brought huge progress toward the eradication of polio throughout the world and our club's dedication to funding for the Wheelchair Foundation and the distribution of wheelchairs in Haiti and Jamaica has distinguished ourselves among the Rotary Clubs in our Rotary District and with Rotary International. Local non-profit organizations on and just off island have received close to \$60,000, including the proceeds from *Unsinkable* Women. A list of these organizations will soon be posted online at sanibelrotary.

This has been a great Rotary year and we thank all Rotarians and the community for helping us with our fundraising efforts

and their support throughout the year.

Another remarkable achievement under Rahe's leadership has been the induction of 14 new members into the Sanibel-Captiva Rotary Club. To stress the quality of a couple of our new members, they were asked to present a brief infor-

mal oral biography at this meeting.

• Ty Symvoski, Tarpon Bay Explorers Nature Tours & Rentals. Ty and his family have had a connection to Sanibel since the 1920. Two of his family's residences are now part of the Sanibel Historical Museum and Village. Although he didn't grow up on the island, he visited often. After graduating from the University of Michigan he got his first job with the newly-formed City of Sanibel's planning department, staying on for the next 10 years. Ty bought his first house on Sanibel on Periwinkle Way for about \$1,000. He left Sanibel for adventure and travel, eventually landing a job in the planning department in Key West. The commonality of these two Paradise Islands is obvious: beaches, sand, sun, great lifestyle, tourism and a Rotary Club. Years went by and Ty found himself lured back to Sanibel... and back as an active member of the Sanibel-Captiva Rotary Club.

• Cindy DeCosta, director of The Children's Education Center of the Island. While attending St. Mary's College in Virginia, Cindy spent some time in Brazil. She laughs at herself because she thought she was "pretty good" at Spanish and that would come in handy when she studied in Brazil... but she quickly found out Brazilians spoke Portuguese. One thing

about Cindy, she has a good sense of humor and that comes in handy through-

After graduating from St. Mary's, she found herself quickly immersed in childcare with four of her own. Cindy meshed the need to stay home with the desire to run her own at-home daycare business for a number of years. After moving to Florida, she found a teaching position at the Children's Education Center on the island. It wasn't long before the director of CECI wanted to retire and Cindy applied for the job. And the rest is history.

Speaking of history and still having Sanibel-Captiva membership in focus. Jim Reed, a fifty-one year Rotarian. First starting out in Muncie, Indiana and then transferring to Sanibel in 1991 just at the beginning of our club. He gave us some background on our scholarship program and how it was first funded by a pancake breakfast at The Community House. But soon that breakfast became the nucleus of the now Rotary Arts & Crafts Fair. The fair is the primary fundraiser for San-Cap Rotary and continues to fund all of our Rotary projects.

Now it was time for Bill Rahe to handle over the President's gavel to Chris DeCosta. It has been a great year for Rotary under Bill's leadership and Chris has some big shoes to fill. Thanks, Bill!

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot

Shred Documents Securely At The Community House July 18



Secure Shredding will visit The Community House on July 18

The Sanibel Community Association (SCA) will once again be hosting a drive to shred your unneeded documents and papers on Saturday, July 18 between 9 a.m. and noon at The Community House, 2173 Periwinkle Way.

Summer is the perfect time to organize your home and office. It's also the perfect time to destroy the sensitive documents you no longer need. With identity theft a growing problem, you should securely dispose of unwanted financial and personal files so they don't end up in the wrong hands. But, if the thought of tediously hand-feeding piles of personal papers into your home shredder makes it tough to get motivated, then the perfect solution is to let someone else shred it for you safely and quickly.

Bring documents such as bank statements, credit cards receipts, old checks, income tax returns or anything that contains personal information, while watching the professionals at Secure Shredding, Inc. pulverize your papers into bits within mere minutes.

The event is open to the public. A small fee of \$5 for one or two boxes per car will

Sanibel Fire And Rescue District Achieves ISO Rating Of 3

The Sanibel Fire & Rescue District recently received notification that its Insurance Service Organization (ISO) rating has been reduced to a rating of 3 from a previous rating of 5. This is a good thing, as ratings are considered better the lower the number. The ISO rating is used by insurance companies across the country to evaluate the local fire department's capability and ability to reduce loss from fires. In evaluating the local fire loss capability, insurance companies can use this information for marketing, underwriting and helping establish fair premiums for homeowners and commercial fire insurance. In general, the price of fire insurance in a community with a good (low) rating is substantially lower than a community with a high rating. The rating schedule looks at three particular items in obtaining the score; emergency communications (911 dispatch), water supply (fire hydrants), and fire department. An overall score is assigned to each item, then added together to produce the overall score which is then translated into a raw score of 1 through 10; 1 being the best, 10 having little or no fire department. A copy of the report is available at Sanibel Fire Administration on Palm Ridge Road.

In a concerted effort by all members of the Sanibel Fire & Rescue District

(SFRD), they were able to reduce our score by improving items that are included in the rating schedule. Fire Marshal Rick Tassoni, through his fire prevention initiatives, including timely inspections, accurate documentation and overall enthusiasm for his work, ensured a decrease in the rating of the Fire Prevention portion of the rating schedule. The Training division, under the direction of Captain Tim Barrett, was another area that through increased diversity in training was the beneficiary of decreased numbers related to the rating. There was also the effort by Assistant Chief Matt Scott working with the Lee County Fire Chiefs Association and Lee County Emergency Communications to ensure the proper resources respond to emergencies.

The entire staff at SFRD played a tremendous role in achieving this objective, the most important of those being the firefighters that serve this community on a daily basis and provide the services that allow SFRD to attain the ISO rating of 3. In a statement regarding the new rating, Chief Danny Duncan said, "Everything we do, every decision we make is about improving our department. We are constantly looking to improve service in the most effective way possible. Our commission is very active and forward thinking and allows our administration to do our job and manage and lead our personnel in a positive atmosphere. We have what I believe is the most capable and dedicated group of firefighters in the country. It's no surprise to me that time and time again our personnel handle whatever situation is handed them. This reduction in our ISO rating is the result of a total team effort including all 28 employees and our

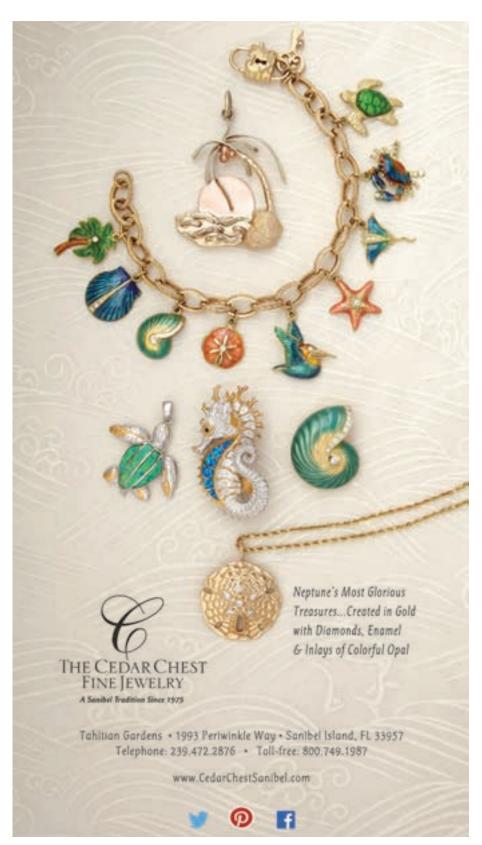
be collected. If you have more boxes, an additional donation is requested. All proceeds go to The Community House operating fund to help maintain the house so additional donations are always encouraged. You must remove all binder clips and larger paper clips. Regular staples and small paper clips don't need to be removed. If you are a business, please call ahead with the number of boxes so we can assure we have room for our residents.

For more information on this or other SCA-sponsored events, visit www.sanibel-communityhouse.net or call 472-2155.

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Captiva Community Panel Meets

Also, the 31st Annual Christmas Luminary Trail and Open House will be held on Captiva on Saturday, December 5. This event draws visitors from all over the world as they join local residents to celebrate the season with luminary candles and events. For more information, visit www.sanibel-captiva.org.





Current crew and volunteer members of the Captiva Fire Control District, photographed in front of the new station on Captiva Drive

From page 1

Fire District Grows

the new fire house and its all-volunteer force.

By 1977, a lot next to The Bubble Room had been purchased for a new fire station. Following a heated dispute between the fire commissioners and volunteer Fire Chief Bill Hughes, the fire chief resigned. Fire commissioners turned to John Bates, who lived on Captiva but was at the time a paid firefighter for the Sanibel Fire Department.

"The commission asked me if I would take on as a volunteer – no pay – the Captiva Fire Department and planning for the new fire station," said Bates, who recalled that he was told if he took on the project, he would be remembered in six months when the commission started looking for a new chief who would be paid a salary. "I went out on a limb. I was still working for the Sanibel Fire Department, which didn't pay very well, so I had a second job managing a grocery store (now the Santiva Mart) for the Baileys. I had sleepless nights for the next six months."

When Bates took on the challenge, there was dissention over the new firehouse, an all-volunteer force and fire hydrants on the island that effectively had no water, since water mains on Captiva were only big enough to handle a flow of a few hundred gallons per minute, compared to 1,500 gallons a minute when the Island Water



Captiva firefighters battling a blaze aboard a boat near Timmy's Nook

Association expanded them in the 1980s.

In 1980, the new fire station – patterned closely after Sanibel's Station #2 – was completed, and Bates was named the island's first paid fire chief, a post he held for the next 26 years. By January 1981, he had hired and was training three other paid firefighters who, along with the chief, each covered one of the three shifts and a handful of volunteers. One of those professional firefighters on the newly combined professional/volunteer force was Paul Garvey, now executive director of the CCA.

"An important thing about the Captiva Fire Department back then was that before we had a resident deputy sheriff on the island, there was no other place except the fire department that provided safety or structure for the island," said Garvey. "Now, if someone fears their property is being intruded on or has an emergency, they call 911. That wasn't always true, and that's why the fire department was such an important place for the community for so many years."

Volunteers From All Walks Of Life

Garvey, a training instructor who trained volunteers, noted, "Back then, you had people from all walks of life – attorneys, doctors, engineers, people who worked at Timmy's Nook (a popular bar and restaurant where The Green Flash now stands) who were volunteers. It was an interesting group of people and a smart group. We trained them to do everything.

"There was a great sense of community in that respect. Everybody knew everybody," he added. "When you would bring the fire truck out of the station, people

would jump on the truck as you went down the road."

Reportedly the fire truck especially slowed down when it got near Timmy's Nook so any volunteers sitting at the bar could run out the door, jump on the truck and go fight a fire with a bottle of beer in hand. For safety reasons, jumping on a moving truck was abolished in the mid-1980s, and a pager system for summoning volunteers was instituted.

By the time Bates retired in 2006, the Captiva Fire Department had five paid fire fighters.

"We could all see that was probably the last round of volunteers we would get through training because they were doubling the number of hours required (for volunteers) and moving the training to Ocala," Bates said.

Today, there are only four volunteers – Mark Wells, Jack Cunningham, Ron Gibson and C.W. Kilgore – who assist the 11 professional firefighters and paramedics on the force.

Bob Brace, a fire commissioner, was one of the last of the volunteers. He said his training involved about 150 hours of learning about fire science, equipment and firefighting. He also took courses in basic first aid and CPR, and regularly trained on pulling hoses, attaching them to fire hydrants, learning how to attack a fire and safety in the field.

"Then, we all had to take a state test," Brace remarked. "Most of us were a little past our school years, and I was quite concerned about passing the test."

A few of the volunteer firefighters over the years were women. The late artist Stella Farwell was a volunteer firefighter and later a commissioner.

Unsolved Mystery

Everyone affiliated with the fire department has a most memorable fire.

For Bates, it was a blaze in the early 1980s that destroyed an elevated guest home located on the bay side of Captiva Drive shortly after rounding the curve coming onto the island. It was a fire that was called in at 2 a.m. by a Sanibel resident who looked across Blind Pass and saw a glow in the sky.

After the fire was put out, the remains of a dog and a human were found. Because of evidence, including that the fire was started with flammable liquids and the victim had breathed smoke and was conscious when he died, the fire was ruled an arson and murder.

But why the person was killed and who was responsible remains a mystery.

"That was the most traumatic one for me because it resulted in loss of life," Bates said.

The most difficult fire to put out, Bates noted, was a house built out over Roosevelt Channel that was owned by Karel Aster, who recently was honored by both the Czech Republic and the Philippines for his World War II heroism.

Bates recalled that there was a tropical storm that night, torrential rain, high tides, lightning and strong winds, the house was fully engulfed in flames and the property was flooded. A boat under Aster's house had exploded and fallen into the water, setting the house ablaze. Power lines were also down.

It was discovered one of the fire trucks – which couldn't get near the house because of flooding – was parked under a tree. Bates said half the tree fell down just moments after they decided "on a whim" to move the pumper to a safer location.

Furthermore, Aster's wife had gone to a different neighbor's house for safety than her husband thought, and there was concern about whether she had escaped the inferno.

More Than Just Fighting Fires

The Insurance Services Office has established a rating system used by insurance companies to set fire insurances rates. The best rating is a 1 and the worst is a 10.

During Bates' tenure, the island's ISO rating dropped from a 9 to a 7 as paid fire fighters were hired and water mains were improved.

"We were able to compute that the cost of improving the fire district to residents was less than the savings the residents received on their insurance policies," Bates said.

Captiva's ISO rating under Bates' successor, Jay Halverson, who served from 2006 until 2011, and current chief, Rich Dickerson, who took the helm in 2011, is now down to a 4.

"We are trying to get it to a 3," said Dickerson, who proudly added that the Captiva's 4 rating was achieved ahead of its friendly rival, the Sanibel Fire Department.

A Hurricane Hits The Island

What almost everyone alive who has been involved with the Captiva Fire Department vividly remembers most is Hurricane Charley, which struck Captiva, on August 13, 2004.

Bates said there were pre-storm plans in place that called for leaving part of the equipment in place and putting part of it in a secure Island Water Association building on Sanibel if an evacuation was called for. But when information was received about midnight about a change in the hurricane's predicted path, it was decided to move some of the equipment to the IWA facility and move one of the pumpers to the mainland. Some of the staff went with the Sanibel Fire District to the Holiday Inn Bell Tower Command Post and others - including Wells - rode out the storm in a boat at the little Bayside Marina at South Seas.

"After Charley hit on Friday, we opened up the fire department," said Wells. "Once we got the generator running and the lights on, people just came out of the woodwork. The first thing we did was to start clearing Captiva Drive so we could get emergency vehicles up here."

He noted that they cleared the road as far as the S-curve south of Tween Waters, but so many trees were such a "tangled mess" south of there that they had to wait for U.S. Forest Service tree trimmers to come up from the south.

The entire road was cleared by Monday.

A Fire Station For The Next 50 Years

The possibility of another hurricane is one reason why Captiva's new fire station was built to withstand 170 mileper-hour winds, has a huge generator and its site was slightly elevated in case the island is inundated. A large diesel fuel tank under the generator also can be used to refill the fire truck, instead of having to go to Sanibel for fuel.

Planning for the new fire station began in 2008, and ground was broken on April 10, 2014. The department received its certificate of occupancy on June 3 of this year.

"Why did we need the new building?" Dickerson rhetorically asked. "Number one was the lack of space which we have now corrected. Based on our experience during Hurricane Charley, where we had large numbers of people working continuously for the next three to six weeks, we had a hard time housing everyone. The new building has an upstairs that can be converted into an emergency operations center."

There are seven bedrooms upstairs and room for housing additional people, a full-sized kitchen, and three bays instead of two for housing the department's two fire engines, as well as an extra EMS unit. Its bays also are longer, capable of housing a larger fire ladder truck

The new station has a large EMS support room with life-support equipment and supplies, a work room for doing general maintenance on firefighting equipment, a fitness facility with cardio and weight lifting equipment, and a separate decontamination room. Smaller touches include facilities to refill air tanks, which now have to be filled on Sanibel, and a downstairs laundry room with commercial-grade washing machines for washing clothes contaminated by smoke residue. Studies, Dickerson noted, have found that older and retired firemen have a higher than normal incidence of cancer, believed to be caused in part by contamination from smoke residue on their gear.

The new station also has a training room that Dickerson hopes to use to ramp up community training for CPR, blood pressure monitoring and other events. "Our goal was to build a building that will be here for the next 50 years," he added.

Furthermore, using a 75-25 matching grant from Florida, the department purchased a utility all-terrain vehicle for beach rescues. With another grant in 2010 from the West Coast Inland Navigation District, it was able to purchase a jet ski that serves as a personal water rescue craft with a rescue sled.

In 2011, the department sent two paramedics to school and hired additional ones with advanced certification.

Looking To The Future

While celebrating the past six decades as a fire control district, capped by the completion of a new fire station, Dickerson, his firefighters, volunteers and three commissioners – Bob Brace, Sherrill Sims and C.W. Kilgore – are now looking to the challenges of the future.

"There has been a big increase in visitors on the island the last two years," Dickerson noted.

The department's call volume last year was up 35 percent and up 50 percent in the peak tourism period. Traffic congestion on the island is increasing. Houses are getting bigger. Hurricanes remain a threat.



And while the days of a diverse group of local volunteer firefighters emerging from Timmy's Nook to jump aboard a fire truck with a beer bottle in hand are fading into nostalgic memories, the fire chief said he is certain that the main function of the fire district – to protect lives and property – remains as valid as it was 60 years ago when the Captiva Island Fire District was created.

Kids Free Educational Program

Rookery Bay Environmental Learning Center is offering a program for children to learn about the estuary while camping inside the Learning Center, located in Naples.

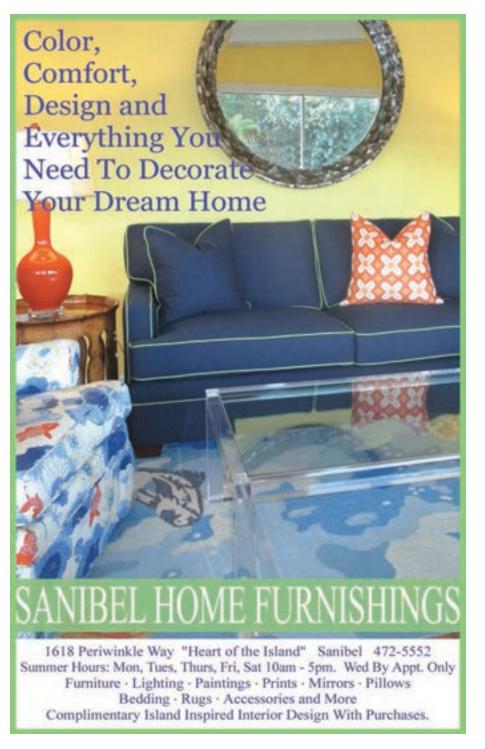
Summer Slumber, an indoor camping adventure for children ages 11 to 14, will be held on Friday to Saturday, July

17 and 18, from 7 p.m. to 8 a.m. at the Rookery Bay Environmental Learning Center, 300 Tower Road in Naples.

During this special program, campers will explore the estuarine environment through a number of activities including: trail exploration, plankton sampling, fish feeding, late night films and discussions about the latest in reserve research.

Register by calling 530-5972 or visit www.rookerybay.org/calendar for more details. The event is free and a list of items to bring will be provided upon registration.

To advertise in the Island Sun Call 395-1213



Executive Director To Serve On Committee

orrie Hipschman, executive director of The Bailey-Matthews National Shell Museum, has been appointed to serve on VISIT FLORIDA'S Cultural, Heritage, Rural and Nature (CHRN) Committee for a term effective July 1, 2015 through June 30, 2016. The committee works in conjunction with VISIT FLORIDA to develop and promote expanding facets of nature-based tourism, culture heritage, as well as rural tourism that will increase the number of Florida visitors. CHRN also promotes extended stays for improved economic benefit and quality of life factors for all areas of the state. The VISIT FLORIDA committee is a volunteer position.

Hipschman has 20 years of experience directing non-profit organizations. She believes in creating a strong institution that is an integral part of its community. She has been successful in major gift fund raising, grant writing and strategic planning as well as leading capital campaigns and museum expansions. Prior to joining The Bailey-Matthews National Shell Museum, she directed the start-up project to build the Cade Museum for Creativity and Invention, and for 10 years led The Building for Kids, a children's museum in Appleton, Wisconsin. She has worked as an executive director and



Dorrie Hipschman

development director for a variety of museums across the United States. She holds a BA in American studies from Georgetown University and has additional MBA coursework at the University of Hawaii

Send your editorial copy to: press@islandsunnews.com





Fish Caught



Don Feiner with a fine catch

on Feiner of Sanibel caught a 38-inch, 20-pound snook on a fly rod on the Fourth of July.

Feiner thanks Norm Zeigler (of Norm Zeigler's Fly Shop) for creating the Sanibel Fly Fishing Club and writing his how-to book on catching snook on Sanibel's

Sanibel Fly Fishing Club and writing his how-to book on catching snook on Sanibel's beaches. Special thanks as well to Feiner's fly fishing mentors: Chris Coile, Doug Greene, Joe Mahler, Rene Ramos and the Professor Pete Squibb.

Bass Management Is Evolving

Bass anglers may wonder why the Sunshine State supports some of the best bass fishing in the world. Florida's abundant lakes and rivers provide habitat necessary to produce good fisheries and the Florida largemouth bass possesses unique genetics that favors rapid growth to trophy size. Harvest management through fishing rules and regulations also play a role, and the Florida Fish and Wildlife Conservation Commission (FWC) is currently considering sweeping changes to streamline bass regulations and make them more effective.

The history of Florida's bass regulations is quite interesting. The first freshwater fishing regulation in Florida passed in 1855, only 10 years after statehood and 58 years before the first game commission. The law prohibited use of haul seines to harvest largemouth bass.

In 1913, the first game commission – which existed only two years – set bag limits, instituted minimum size regulations for bass, closed spawning seasons to fishing and banned most fishing nets.

Those rules seemed intuitively to be positive, proactive conservation measures but black bass regulations have evolved over the last century as scientists learn more about the species, their habitat requirements, population dynamics and angling impacts. Prior to establishment of the Game and Fresh Water Fish Commission (GFC) in 1943 as a constitutional agency, counties or various interim state game commissions regulated bass fishing based on local opinion and traditional approaches of other states.

The GFC started hiring fisheries biologists in 1946, who determined that previous regulations had little impact in most Florida waters. They recommended liberalized regulations following the prevalent 'Maximum Sustained Yield' model.

In 1990, biologists and the outdoor media became concerned that Florida's bass fishery was not sustainable under increasing fishing pressure and environmental impacts. As a result, the GFC adopted an "Optimal Sustained Use" approach to frame new statewide regulations in 1992. While many biologists favored increased protection of quality-sized bass, they recommended minimum size limits as most anglers supported protection of smaller bass.

From 1992 until the present, biologists modeled, implemented and studied a variety of sophisticated regulations in specific water bodies or zones within the state. Evaluation of the results of these studies included field sampling and creel studies that determined not only how fish populations were affected but also the impact on fishing participation and success.

The FWC, which succeeded the GFC in 1999, has been a leader in researching better ways to manage harvest not only with hands-on experimentation but also by monitoring successes and failures of bass regulations in other states and carefully evaluating the causes. Integrating social science with biological research allows the FWC to develop regulations that are justified biologically while accommodating angler opinions, attitudes and behaviors.

Consequently, FWC Commissioners favorably reviewed draft black bass management rules on June 25 at a public meeting in Sarasota. Staff will continue to discuss the draft rules with the public and the Commission will consider the rules for final approval

continued on page 10

Island Seniors At The Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman

— If you would like to be on the Page
Turners list, email annrodman@aol.com
or contact the Center 4 Life.

The featured book for Wednesday, August 12 is *Mystic River* by Dennis Lehane.

Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion on the book and movie at 2:30 p.m.

Friday Collage Classes with Bea Pappas – July 24 and 31, 12:30 to 3:30 p.m. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

Sunset Social on the Causeway – Tuesday, July 28, 6:30 p.m. Enjoy an evening relaxing and watching the sunset with friends. Meet on the causeway. Bring a dish to share and your beach chair. Contact the center if you are interested in participating and for directions to the viewing area (weather permitting).

Leisure Luncher's – Monday, July 13. Shopping at Miromar Outlets and lunch at Ford's Garage. Over 140 designer and brand name stores to choose from at Miromar Outlets which was voted Best Shopping Mall and Best Factory Outlet Mall in Southwest Florida. Coupons are available on their website. Carpooling encouraged. Sign up at the center is required.

Games

Bridge – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday Kayaking – July 21 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and

\$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch

cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.

Send your editorial copy to: press@islandsunnews.com



Fish Caught



Anthony Colachicco holds up a 34-inch snook

nthony Colachicco, visiting from Delray Beach, Florida, caught a 34-inch snook on a Spoolek lure while fishing the waters of Redfish Pass last week.☆

Annual Coastal Clean Up

he annual Coastal Clean Up Project will be held from 9 a.m. to noon on Saturday, September 19. All islanders, visitors and volunteers are invited to come out and help keep our beaches clean.

Dee Century with the Sanibel-Captiva Conservation Foundation will "reserve" a location for participants, but organizers need to get a list of volunteer information as soon as possible.

If you would like to participate in the Coastal Clean Up (i.e. individuals,

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teams, offices, etc.), send an e-mail to Bill@SanibelRealtors.com or Joan@

Sanibel Plan Now Available Online

he City of Sanibel's Comprehensive Land Use Plan, also known as the Sanibel Plan, is now available electronically in its entirety on the City of Sanibel's webpage at www.mysanibel.com.

The original Sanibel Plan was adopted in 1976. The plan was amended and extensively revised in 1985, 1989, 1997 and 2007. In 2007, the American Planning Association recognized the Sanibel Plan with the National Planning Landmark Award.

In 2013, the Evaluation and Appraisal Report (EAR) for the Sanibel Plan was completed and adopted. This report concluded that the plan is consistent with all state requirements including changes made to state statutes contained in the Community Planning Act of 2011. In 2013, the State of Florida Department of Economic Opportunity, Division of Community Development, issued a finding that the Sanibel Plan, as adopted by City of Sanibel Ordinance 12-010, is in compliance with Section 163.3184(4) of Florida Statutes.

Questions regarding the Sanibel Plan should be directed to City of Sanibel Planning Director James Jordan at jimmy. jordan@mysanibel.com or 472-4136.☆

From page 8

Bass Management

in February 2016. Once approved, new rules will go into effect on July 1, 2016. The intent is to simplify rules: allow anglers to keep smaller, more abundant largemouth bass and increase abundance of larger bass statewide by changing length limits for black bass species and eliminating many specific rules for different water bodies.

Anglers are practicing catch-and-release at record levels. While reduced harvest of large bass is beneficial, culling bass under 16 inches may improve some fisheries by reducing competition among bass so individuals grow faster and larger. The proposal would allow additional harvest of younger, small healthy bass that are very abundant and steadily replaced by nature, by the relatively few anglers who consistently harvest bass. Meanwhile, anglers who are targeting larger bass for the experience and who often release them should soon see more bass longer than 16 inches, as those fish will be recycled more than ever before.

"We believe this innovative proposal will streamline bass management," said Commissioner Aliese "Liesa" Priddy after the staff presentation at the Sarasota meeting. "We want to make it as easy as possible for Florida anglers, as well as those from out of state, to enjoy bass fishing in Florida, the Fishing Capital of the World.

In Florida, black bass species include largemouth, spotted, shoal, Suwannee and Choctaw bass. The largemouth bass is found statewide and is known worldwide for reaching trophy size, whereas the other four species are smaller and, within Florida, are found only in the panhandle area (see MyFWC.com/Fishing for

Specifically, the proposal would eliminate the three zones that currently regulate bass harvest along with 42 special regulations for largemouth bass. This simplification in the rules was one of the key features sought after by anglers and resource managers.

Under the proposal, anglers could still keep up to five black bass (all species combined) of any size, but only one bass 16 inches or longer in total length could be

kept per angler per day. For Suwannee, shoal, Choctaw and spotted basses, the current 12-inch minimum size limit would be maintained, although there would be no minimum length limit on largemouth bass. In addition, the proposed changes include a catch-and-release-only zone for shoal bass in the Chipola River.

The current bass tournament permit program would continue to allow anglers participating in permitted tournaments temporary possession of five bass of any size. This program has been in place for over 20 years and allows delayed-release bass tournaments to take place, and requires proper care, handling and release of all bass caught during the tournament.

Gene Gilliland, national conservation director at B.A.S.S., said in written comments about the proposal: "FWC's Division of Freshwater Fisheries Management staff has done an outstanding job collecting data that supports this recommendation. Statewide regulations that are simple for the public to understand are more likely to be accepted and followed."

'This new approach is very innovative, and I anticipate that many states will follow suit," said Dr. Michael Allen, professor of freshwater fisheries ecology with the University of Florida.

The commissioners approved the draft to move forward and will take formal action in February 2016 at which time the rule could be approved for implementation on July 1, 2016. They complimented Champeau and his team of biologists, represented by Allen Martin and Bill Pouder at the meeting, and thanked them for leading the way in incorporating a mix of science-informed decision making with a common sense approach to refining management practices that deliver what the public wants from their bass fisheries.

Details of the proposed rule changes and public input can still be provided via two surveys at MyFWC.com/BassSurvey.



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Optimists Stage 36th Road Rally



At the Sanibel-Captiva Optimist Club's 36th annual Road Rally are, from left, Randy photos by Jeff Lysiak Carson, Richard McCurry, Judie Zimomra, Stan and Dani Howard





Optimist Club member Dani Howard, left, gives instructions to Chelle Walton of the Martini Mamas Road Rally team



Road Rally participants line up at the start of the scavenger hunt route, the parking lot of

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Churches/ Temples

ANNUNCIATION GREEK **ORTHODOX CHURCH:**

8210 Cypress Lake Drive, Fort Myers Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship
Hall of the Sanibel Congregational United
Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

CAPTIVA CHAPEL BY THE SEA: The Reverend George E. Morris Services every Sunday 11 a.m. through April 26, 2015. 11580 Chapin Lane on

Captiva. 472-1646. FIRST CHURCH OF CHRIST, SCIENTIST: 2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours).

SANIBEL FELLOWSHIP, sbc Join us for worship Sunday mornings 9 a.m. Bible Study and 10 a.m. Worship Service at The Community House, 2173 Periwinkle Way. 239-671-5502. SANIBEL COMMUNITY CHURCH 1740 Periwinkle Way, Sanibel, 472-2684 Dr. Daryl Donovan, Senior Pastor Sunday Worship Hours:

8 a.m. Traditional in historic Chapel. 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary. 10:15 a.m. Courtyard Fellowship. 9 and 11 a.m. Bible classes. Childcare available at all services.

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST:**

2050 Periwinkle Way 472-0497 The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 10 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

ST. ISABEL CATHOLIC CHURCH: 3559 San-Cap Rd., 472-2763 Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 9:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30 a.m. Communion Service Mon. and Tues.

8:30 a.m. Holy Days call. ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH:**

5 p.m. Saturday Eucharist, 9:30 a.m. Sunday Eucharist, 9:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck 472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901

SAFE Workshop Offered By FISH

NSH of SANCAP, in conjunction with the Lee County Sheriff's Department, will hold a Selfdefense Awareness & Familiarization Exchange workshop (SAFE) on Tuesday, July 28 from 10 a.m. to noon at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle

This educational awareness and crimevictim prevention program encompasses strategies, techniques and options that may reduce risk of exposure to violence. The program is geared toward teenaged and adult women and introduces them to the physical aspects of self-defense. Participants must be at least 13 years of age and those between the ages of 13 and 17 must have a parent present during the entire workshop.

Violent crimes are often crimes of

opportunity. When the element of opportunity is removed, the risk of the crime is reduced. Teaching that "90 percent of self-defense is awareness, risk reduction, and avoiding confrontation; and only 10 percent is physical;" and focusing on both mental and physical preparedness, SAFE provides women with solid public safetyawareness information to incorporate into their every-day lives.

The program is broken into three

1) Introduction to safety

2) Video on self-defense

3) Physical self-defense techniques This class is not a self-defense class.

Participants should wear comfortable clothing and close-toed shoes. This workshop is complimentary and open to persons of all genders. Reserve space by calling Christine or Jessi at the FISH Walk-In Center at 472-4775 by July 23.

For additional information, visit www.

OBITUARY



WILLIAM F. BLACK

ill Black, loving husband of Nancy (Boomer) Black for over 35 years, passed away peacefully at the age of 82 with Nancy at his side on June 19, 2015 at Hope Hospice House HealthPark. Bill succumbed to cancer after fighting a courageous battle for over 15 months.

Born in Ethridge, Tennessee on May 31, 1933 to William and Mary (Suratt) Black, Bill left Tennessee to join the U.S. Air Force during the Korean War. After serving as a cook and a medic, Bill moved to Michigan after being discharged from service. When he retired

from Quad Precision Tool in Rochester Hills, Michigan as a precision machinist, he and Nancy moved to their beloved Sanibel Island. Together, they had owned a condo on the island for 17 years prior to making the permanent move, and once on Sanibel, Bill immersed himself in the island life. He worked part time at Sandalfoot Condominiums and was a guest favorite for over seven years. In 2004. Bill oversaw renovations to the condominiums after Hurricane Charley

Bill was a very humble man with a great smile who always referred to himself as a "listener." He was unbelievably knowledgeable with plumbing, electrical and mechanical, and could fix and repair anything, often using the machinist background to make parts. Bill loved to ride his 2001 Harley all around the islands and he kept his 1977 Corvette in perfect condition.

Bill is survived by his sons, Charles and Gary Black, and step daughter and son Terrell Tucker and John Pitcock of Michigan, grandchildren Stephen (Erica) Ledington, Carrie (John) Savoie, Duane Black, Julie (Stephen) Bytz, Angela and Kenneth Black, Sara, Jessica, Edward Tucker, KaSandra (Jason) Keith, and Susan (Kyle) Hoose as well as 12 great grandchildren. He is predeceased by daughter Teresa Black and grandson Robert Ledington.

A celebration of life is planned for November 6 at 11 a.m. in the historic chapel at Sanibel Community Church.

Memorial contributions may be made to Sanibel Community Church, 1740 Periwinkle Way, Sanibel, FL 33957.

CECI Begins Harvesting New Memorial Garden



From left, Ernesto Del Valle, Charlee Armstrong, Angelina Roa, Liam Wunder, Landon Markosky and Hazel DeCosta proudly display their beans that the students grew in their

he Children's Education Center of the Islands have begun to harvest a bumper crop of long beans out of their Ryckman Memorial Garden. This special garden was created in the memory of Martha Ryckman, the preschool's first director in 1975 when the school was located at Bailey Tract in the old Bailey's General Store. She oversaw the move of the preschool to its current location on Casa Ybel Road and was the director until

The Ryckman Memorial Garden was made possible my memorial gifts to the preschool when she passed away in July 2013. The garden is tended and planted by the preschool students, with all the plants chosen by the children. It has become a focal point for their lessons which encompasses science, nature, math



Bode Lackenby and Majdal Pacheco were the first to notice the long beans on the bean teepees

and art as well as reading. In the past, the students experienced lessons of a plant dying and learned about seasons and planting times. Now they are able to celebrate with a lesson on summer planing and nutrition as many of the students didn't even wait for lunch time to munch on their delicious beans.

The Children's Education Center of the Islands is a non-profit preschool offering full- and part-time classes for children ages 2 to 5. The preschool is currently accepting applications for the 2015-16 school year beginning on August 24 as well as their Summer Camp, which goes until August 7. Scholarships are also available on a limited basis. For more information, call the school at 472-4538.



The H20 Youth Ministry team will embark on a missions trip to New York this summer

Youth Ministry Goes From One Island To Another

From July 18 to 25, Sanibel Community Church's H2O Youth Ministry is sending a group to Staten Island, New York. This year's team consists of 34 people; middle school students as well as chaperones and leaders. They will be taking part in the Vacation Bible School with New Hope Community Church. Along with VBS, the students will have the chance to evangelize door to door in the surrounding neighborhoods nearby.

New Hope Community Church is excited to have H2O join them in their summer program called Urban Hope. The program will run for six weeks, with SCC's H2O assisting with the first week.

Many scholarships were made available to our H2O students through the community support of their main annual fundraiser called Starry, Starry Night, which is held every spring at the church.☼



Loggerhead hatchling from a daytime hatch photo by Judith Jones

SCCF Nesting **Statistics**

anibel-Captiva Conservation Foundation (SCCF) reported the following sea turtle nesting statistics as of July 3:

Sanibel East: 91 nests, 240 false

Sanibel West: 280 nests, 661 false crawls

Captiva: 97 nests, 178 false crawls Total: 468 nests, 1079 false crawls Please observe "Lights Out For Sea

Note: There are coyotes on Sanibel and SCCF is screening as many nests as possible to discourage coyote depreda-



Snowy plover chick

photo by Hugh McLaughlin

SCCF staff and volunteers also monitor snowy plover nesting on Sanibel. As of July 3, the nest total for snowy plovers is 15:

- Two nests are active
- 10 nests have hatched 28 chicks. Six nests have fledged seven chicks; one nest has one chick and one nest has fledged a chick (included in fledgling count) and still has one chick. All the chicks are gone from three nests.
 - Two nests have been depredated
 - One nest is gone, fate unknown
 - One nest was washed out *false crawl – a failed nesting attempt If you have questions, or would like

to know more about nesting stats on Sanibel, contact seaturtle@sccf.org or call SCCF at 472-2329.☆



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bigarts.org/summerCamp



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by Di Saggau

Tembers of the Continental Women's Club of Greater Fort Myers enjoyed hearing from Rachel Rainbolt, Education Coordinator for the Clinic for the Rehabilitation of Wildlife (CROW), located on Sanibel. She talked about how they care for some 3,500 animals a year in their wild life hospital. While 20 to 25 percent of the animals they receive do not survive, they manage to save a lot of critters who have been hit by cars or brought along an American



met other mishaps. Rainbolt Gina Wheeler with Rachel Rainbolt and Lola the falcon

Kestrel falcon named Lola. She is also called a sparrow hawk because of her small size. Lola had an injured wing and will stay with CROW for her lifetime because she is unable to forage for herself. It was a fascinating program.

Coming up on Thursday, August 6, the program will feature a fashion show by Chico's. Members are encouraged to bring guests to join the fun in seeing the latest fashions

Continental Women's Club meets on the first Thursday of every month. Membership is open to women living in the area who are interested in both social and philanthropic endeavors. Yearly membership is \$20 and provides members with interesting programs throughout the year.

The meeting starts at 11:30 a.m. The cost of lunch is \$19 and reservations are necessary. Meetings are held at Colonial Country Club, located at 9181 Independence Way in Fort Myers. If you enjoy meeting with active women who enjoy raising money

to award scholarships to young women, provide food and clothing for those in need as well as taking part in numerous social events, think about becoming a member. Activities include bridge, bunco, book club, lunch bunch and dining out groups. Various trips are also offered for members. For more information, call Margie Connor at 561-8973

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, July 10 and Monday, July 13, 11 a.m., \$5 included with admission – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Tuesday, July 14, 11 a.m., \$5 included with admission – Patient Profiles: Sea Turtles, presented by CROW staff.

CROW is the only licensed sea turtle facility from Sarasota to Miami on the southwest coast of Florida. One of CROW's team members will explain why they are admitted and how the medical staff treats this species.

Wednesday, July 15, 11 a.m., \$5 included with admission – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Thursday, July 16, 11 a.m., \$5 included with admission – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will explain why they are admitted and how the medical staff treats this species.

Friday, July 17, 11 a.m., \$5 included with admission – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Friday, July 17, 2 p.m., \$20 per person, registration required – Wildlife Walk with Rehabilitators and Staff.

Following the 2 p.m. presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

THE GROG SHOP

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An Inside Look At Wildlife Recovery

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife, along with photos of patients admitted to the facility.

In 2014, CROW's wildlife hospital cared for 3,410 sick, injured or orphaned animals. Of the 200 different species, 57 percent were birds, with 37 percent mammals and six percent reptiles.

CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show will be held on Friday, July 17 at 11 a.m. in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$5 for adults, \$3 for teens, free for members and children 12 or under. The entry fee



Baby burrowing owl

photo courtesy of CROW

also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644 ext. 228 or visit www.crowclinic.org.

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New Merritt Pump Station Delivers First Gallons Of Water For Restoration

ising out of the flat Everglades landscape in southwest Florida, a massive new pump station has begun sending the first gallons of water to help restore 55,000 acres in the Picayune Strand. Restoration of this area is a joint effort between the South Florida Water Management District (SFWMD) and the U.S. Army Corps of Engineers (USACE). Sending water into an



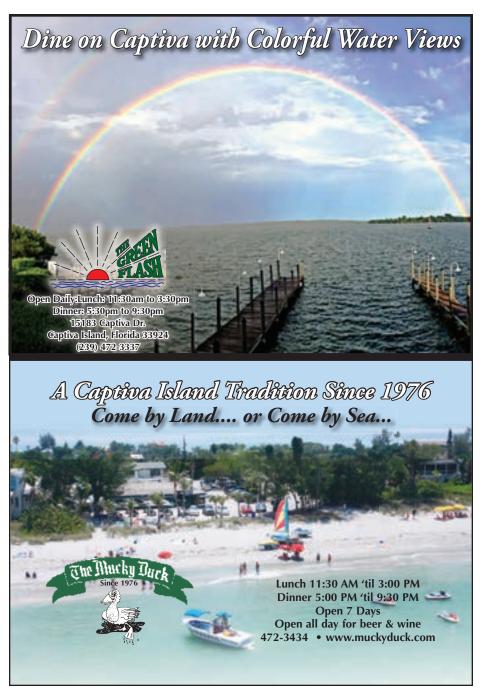
Restoration efforts will include a new refuge for manatees

photo courtesy of the Florida Fish and Wildlife Conservation Commission

area that was left dry and unnatural by long-gone development is another sign of our restoration progress," said SFWMD Executive Director Blake Guillory. "Work in the Picayune Strand has been an ongoing partnership that is producing visible results.

The Merritt Pump Station, officially designated as S-488, is the first of three pump stations to be completed for restoring Picayune wetlands and wildlife habitat and also to improve the health of downstream estuaries in the Ten Thousand Islands National Wildlife Refuge.

The pump station, located in Collier County's Big Cypress Basin, was completed by the Army Corps of Engineers in September. It can pump 810 cubic feet of water per second to provide both flood control for communities north of Picayune and sheetflow south needed for environmental restoration.





The new Merritt Pump Station began delivering water in June

Work to allow this sheetflow of water to move south across a broad expanse of the landscape was completed in 2006, when numerous culverts were constructed under U.S. 41 to allow water movement.

'The Picayune Strand Restoration Project continues to serve as an example of what can be accomplished when we work together," said Col. Alan Dodd, U.S. Army Corps of Engineers Jacksonville District Commander. "In October, the Corps and our partners at the South Florida Water Management District celebrated the completion of the Merritt Pump Station. Now, we are seeing restoration in action.'

Additionally, work to plug 10 miles of the Merritt Canal was completed this month, spreading water across the landscape, rehydrating the area south of Interstate 75 and north of U.S. 41, between the Belle Meade area and the Fakahatchee Strand Preserve

Scientists expect to see beneficial changes in local vegetation and wildlife habitat begin to emerge as early as this year.

Manatee Protection

Approximately 300 manatees currently use the Port of the Islands Basin as a warm water refuge during the colder months of the year. Scientists believe this refuge was created by freshwater discharged from the current canal system in Picayune Strand.

Unfortunately, restoration efforts that will enhance wildlife habitat in the region will reduce freshwater flow into this specific area. In April, the SFWMD approved a contract to construct a new manatee refuge that is compatible with restoration efforts. Work will include creation of three deep pools, 100 feet in diameter and about 20 feet

Construction of the refuge began on June 25 with clearing of the site, and work is scheduled to be complete in April 2016.

Picayune Strand Background And Restoration Goals

Southern Golden Gate Estates was originally designed and marketed as the largest suburban development in the country in the late 1960's. The developer dredged 48 miles of canals, built approximately 270 miles of shell-rock roads and sold thousands of lots before going bankrupt.

Florida and its federal partners set out to restore the region to a more natural state. The objective is to restore and enhance wetlands in Picayune Strand and adjacent public lands by reducing over-drainage, and to improve the water quality of coastal estuaries by moderating the large salinity fluctuations caused by point discharge of freshwater from the Faka Union Canal.

Authorized by Congress in 2007, the Picayune Strand Restoration Project became the first Comprehensive Everglades Restoration Plan project to begin construction.

Restoration will help connect publically owned and protected lands in the area, including:

- Fakahatchee Strand State Preserve 75,000 acres
- Florida Panther National Wildlife Refuge 26,000 acres
- Collier-Seminole State Park 6,500 acres
- Big Cypress National Preserve 730,000 acres
- Ten Thousand Islands National Wildlife Refuge 35,000 acres

Completed Restoration Work

To date, the Picayune Strand Restoration Project has reached several milestones,

- Prairie Canal Plugging and Road Removal (SFWMD): This included backfilling and plugging seven miles of the Prairie Canal using fill from spoil along the canal and removing 65 miles of roads to restore the natural historical grade.
- Tamiami Trail Culvert Construction (SFWMD): Work included installation of nine culverts under the Tamiami Trail to help restore overland flows in the Picayune Strand.
- Merritt Pump Station and Road Removal (USACE): Pump Station construction started in February 2010 and was completed in September 2014. Work included plugging 10 miles of the Merritt Canal.

Shell Of The Week

Florida Prickly Cockle



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

he Florida prickly cockle, Trachycardium

egmontianum (Shuttleworth,

1856), is one of the most commonly found bivalves along the shores of Southwest Florida. Its common name originates from the spiny projections distributed along radial (oriented from the "beak" to the edge) ribs. As other species of cockles do, Florida prickly cockles use their foot as a "pole vault" or lever to propel themselves away from threatening predators such as apple and lace murexes. Almost pure white shells, known as "albinistic" by collectors, are not uncommon. The albinistic Florida prickly cockle shell depicted in the middle and right images was collected



The Florida prickle cockle. From left: normal shell color; albinistic shell; and posterior view of albinistic shell showing the ligament (brown structure on top).

all photos by José H. Leal

by yours truly under the Blind Pass bridge on Sanibel in March 2010. Learn more about the Florida prickly cockle at http://shellmuseum.org/shells/ southwest-florida-shells/trachycardiumegmontianum.

Shell Museum Events

Daily Island Inn Morning Beach Walks (advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for

children; parking at Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum. org/events or call 395-2233 to make a reservation. All beach walk participants receive half-off museum admission. (Current Island Inn guests: Please book through the Inn).

Daily Tank Talks, 11:30 a.m. and 3:30 p.m. Gain great insights into the fascinating world of mollusks.

Monday at 1:30 p.m.: Carolyn's Collection* – A fun and entertaining look at gem-quality shells. (*Please check shellmuseum.org to note any schedule changes)

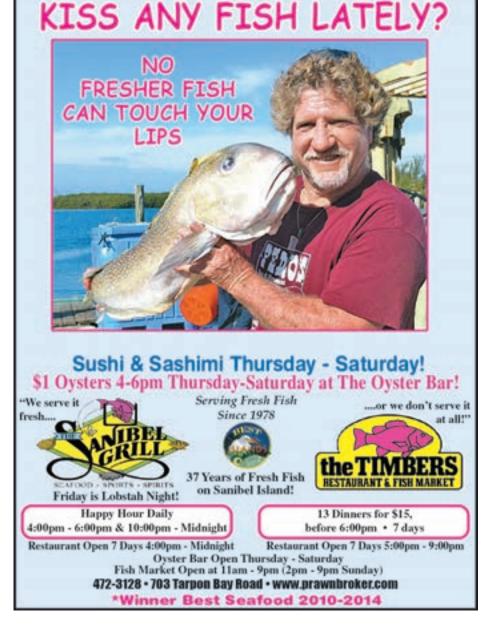
Tuesday at 1:30 p.m.: What Is A Mollusk? Learn about the shell makers in this hands-on presentation.

Wednesday at 1:30 p.m.: Midday Tank Talk with a marine biologist.

Thursday at 1:30 p.m.: Shell ID Clinic - Bring in your mystery finds for identification from an expert.

Friday at 1:30 p.m.: Arts & Crafts continued on page 31





Mangrove Snapper Time



by Capt. Matt Mitchell

atch-andrelease snook fishing continues to be great action for anglers looking to just bend a rod, but with many of my anglers wanting fillets to take home

at the end of a charter, one species that is both tasty and plentiful this time of year is the mangrove snapper. This species can not only be targeted offshore but also anywhere from the passes right through bay. During our summer months, we catch some of the largest ones of the year for the bay.

Mangrove snapper have good eyesight so the lighter and less terminal tackle you can get away with, the more bites you get. My go-to rig for shallow water inshore snapper is a free lined shiner on



A catch-and-release snook triple header

a 4-foot piece of 20# fluorocarbon leader with a light wire 1/0 J or circle hook. When in the pass or deeper water, use just enough weight — either a jig head or a small sliding sinker — to get the bait close to the bottom. When mangrove or dock fishing, I like to go really light using

a 2000 series spinning reel and light spinning rod. On this light tackle, these fish put on a great fight.

The bite on these snapper is a little different than most of our fish; they often hit a bait a few times really hard before swimming off with it. When chummed up, they will explode on a bait right on the surface. With a generous five per person daily limit and a 10-inch minimum size on mangrove snapper, with the right bait and rig, dinner does not come much easier this time of year. To target the bigger mangrove snapper, nothing beats a small to medium size shiner and having extra to live chum never hurts either.

If you plan on taking your snapper home for dinner, one slick trick is to bleed them out before icing them down.

Keep them alive in your livewell until you're ready to call it a day, then remove them making a small cut from side to side across the throat with a sharp knife before dropping them back into the livewell. After a few minutes, they will swim until all of the blood pumps out of them, leaving the meat snowy white. Next right before heading to the fillet table, take a bucket or cooler with half ice and half saltwater. You're basically making a brine to drop them into. Clean your boat or give them at least 10 minutes or longer before filleting or scaling. This not only firms up the meat but makes cleaning them a breeze. When handled like this, the meat is totally blood free and milder tasting.

Snapper are far from one of our most alamorous gamefish species to catch but are definitely one of my favorite fish to eat. Not only do I grill the fillets but I also like to scale, gut and remove the gills before cooking them whole. When cooked whole - either grilled, fried, steamed or baked – it really keeps the meat moist and gives you the opportunity to pick every last little bit of flavorful meat from the bones. When dredged in rice flour and deep fried whole, the crispy fins and little bits of cheek meat are the best parts.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\$

Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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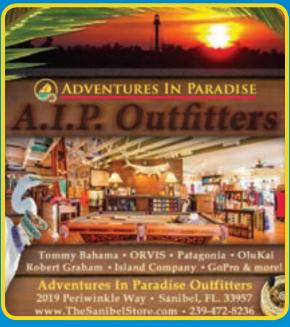
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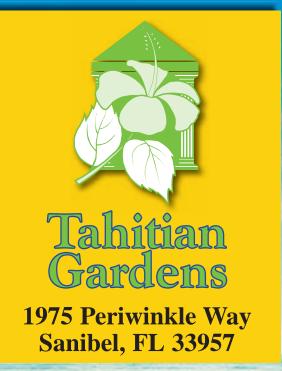


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'Ding' Darling Studies Sanibel's **Endemic Rice Rat**



Sanibel Island rice rat during tagging

anibel Island is home to a sub-species of rice rat found nowhere else in the world: the Sanibel Island rice rat (Oryzomys palustris sanibeli). Because of habitat loss and fragmentation, predation by feral house cats, and competition from the nonnative black rat (Rattus rattus), the state of Florida has designated the Sanibel Island rice rat (SIRR) as a state threatened species.



The Sanibel rice rat team met on June 30 to discuss strategy and compare notes, from left, Daniel Filho, UF intern; Robert McCleery, UF assistant professor of wildlife ecology and conservation; Wesley Boone, UF PhD student; Toby Clark, SCCF field technician; Bill Thomas, FWS Region 4 Exotic Species Strike Team leader; Jeremy Conrad, refuge wildlife biologist; Joyce Palmer, deputy refuge manager; and Alyssa Jordan, FWC biologist.

The species' rarity has led the JN "Ding" Darling National Wildlife Refuge to partner with Sanibel-Captiva Conservation Foundation (SCCF) for a special study being conducted by the University of Florida (UF) Department of Wildlife Ecology and Conservation in Gainesville, Florida., and funded by the Florida Fish & Wildlife Conservation Commission (FWC).

Support for the study comes also from the refuge/U.S. Fish & Wildlife Service (FWS) and the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), who jointly provide on-site housing for two full-time UF researchers.

'This study is important to the refuge because we have caught very few Sanibel rice rats during our survey and monitoring efforts, and we don't know much about this subspecies that is exclusive to

Sanibel," said Deputy Refuge Manager Joyce Palmer. "We are indebted to the various agencies that support this study at a time when federal budget cuts have severely slashed our staff – from 20 in 2011 to 12 today. We are fortunate to have partners who are able to help us achieve our research needs.

Native to the island, the elusive Sanibel Island rice rat, one of four known rice rat subspecies in Florida, plays an important role in the ecosystem - from eating seeds and snails to providing food for predators such as hawks and bobcats.

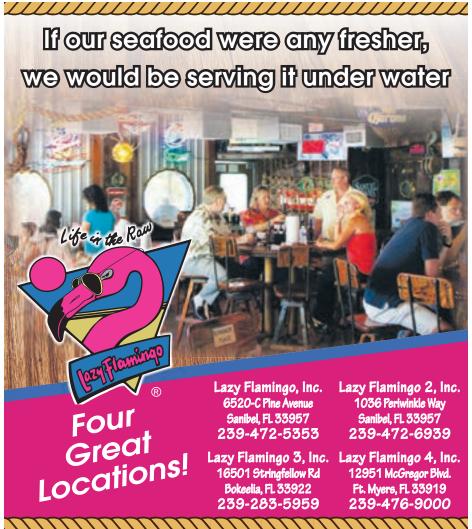
The refuge has been monitoring the threatened population of rice rats through small mammal surveys conducted each spring and fall in the refuge's cordgrass marshes at the Bailey Tract, at the Botanical Site, and along Sanibel-Captiva Road near the American Legion. Staff

and interns use live traps, general body size metrics and tagging methods to obtain data on the SIRR population location, population size and habitat requirements.

Biologists safely release the rats after taking measurements and attaching small numbered tags to their ears to identify individuals that might be recaptured, which to date has never occurred. Little is known about their population numbers on the island.

The team from UF includes field researchers Wesley Boone, a PhD student, and exchange student intern Daniel Filho from Brazil; plus assistant professor Robert McCleery. Their study will be conducted during wet and dry seasons over a three-year period They started in mid-June for this summer and will continue

continued on page 26





CROW Case Of The Week:

Gray Fox



by Patricia Molloy

ne of the most beautiful and intelligent creatures on the planet is the fox. These shy animals are found throughout North America, with the exception of the Rockies, the Great Plains and eastern central America. There are four species of foxes: the red, the gray, the arctic and the kit, of which the gray fox (Urocyon cinereoargen-

teus) is the largest. Both the red fox and the gray fox are found in Florida and are listed as protected by the U.S. Fish and Wildlife Service.

Gray foxes are crepuscular animals meaning that they are active at twilight. While they often forage for nuts and berries during the day, these solitary omnivores hunt primarily at night. Weighing seven to 13 pounds in adulthood, the size of a small dog, the gray fox is the only member of the dog family that climbs trees.

Last week, an injured gray fox was rescued in LaBelle and delivered to CROW. "He was found in a golf cart shed at a golf course, in the corner, hunkered down," Dr. Brittany explained. "They trapped him and put him in a box, but we think they held him in the box a little too long, because by the time he got here, he was in shock. His heart rate was 350 and had no pulse quality. His gums were white.

Once the fox's condition was stabilized and he was resting comfortably, a thorough exam was conducted. The male pup, patient #15-1961, was determined to be approximately 16 weeks old, based on his teeth. He had lacerations on his front right leg, a small scab on the hind right leg, a puncture wound and soft tissue swelling. After receiving stitches and a penicillin injection, the youngster was moved to an outdoor enclosure.

"He's doing well. He was chewing on his stitches and licking them, just being like a dog. It's kind of tough keeping (the bandage) on him, so we've got some elastic on the bottom and top, and even with that, he was trying to tear it which caused some abrasions around the top part of the bandage," said Dr. Brittany.

When treating domesticated canines, veterinarians often utilize the Elizabethan collar – better known as the Cone of Shame - to prevent animals from chewing on stitches. Evidently, this is not an option for the shy, wild fox. "He would not appreciate (that)!" Dr. Brittany exclaimed emphatically, but with a good-natured

laugh.

Before the young fox can be released back into the wild, Dr. Heather Barron, hospital director, must be confident that he has the necessary skills to survive on his own. Thanks to a tight-knit group of wildlife rehabilitation facilities in Florida, Dr. Heather has developed relationships with a large number of wildlife veterinarians who are willing to share their knowledge and experiences.

We are researching success rates with 'soft release' techniques with this species and it looks like this (patient) may be a good candidate. We don't get foxes here that often to be able to say how likely they are to survive if

continued on page 40



The patient watches eagerly as its breakfast is delivered. Since gray foxes have a lot of rusty-colored fur - and are often confused with the red fox as a result they are commonly referred to as "red-sided gray."





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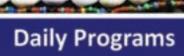
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Fish Caught



Calahan McManamon

alahan McManamon, 11, visiting from Chicago, caught and released a 28-inch snook while on a Sea Reed Charter last week.

Fish Caught



John Kelley

ohn Kelley of Fort Myers caught a 28-inch snook on Sanibel's Lighthouse Beach last week using a Yozuri crystal minnow. "After weeks of rough surf and no snook, the surf has finally calmed down," said Kelley.

Send your editorial copy to: press@islandsunnews.com



Plant Smart Mahoe



Mahoe's large flowers resemble those of the popular ornamental hibiscus shrub

by Gerri Reaves

ver the last few decades, mahoe's (Talipariti tiliaceum or Hibiscus tiliaceus) native status was a topic of debate. After all, who would want to believe that this fast-growing, salt-tolerant evergreen with year-round flowers is an invading pest?

Alas, today plant experts generally agree that mahoe is naturalized. Native to tropical Asia, in fact, it was reported to be in coastal hammocks in the Florida Keys as early as 1913.

The term naturalized refers to an imported plant that persists in the wild without human cultivation. That ability to survive independently is a trait shared



Mahoe's round or heart-shaped leaves span up to eight inches across

by many imported landscape plants, and such species can threaten natural ecosys-

Mahoe, also called sea hibiscus, became a popular landscape tree in South Florida during the 1960s and 1970s. Salt-tolerance made it a popular ornamental, especially in coastal areas.

Now mahoe is currently listed as a category II invasive by the Florida Exotic Pest Plant Council.

The council defines a category II invasive as having "the potential to be invasive and to disrupt native plant communities by displacing native species," as opposed to a category I invasive, which is known" to be invasive.

Mahoe threatens native mangroves, in particular. Via water-born seed capsules,

the invader establishes thick stands at the upland edges of mangroves and subsequently shades them out.

Plants can be single- or multi-trunked, usually reaching 20 to 30 feet high and spreading as wide as they are tall.

The round or heartshaped leaves are up to eight inches across with long leaf stems and pointed tips

Five-petaled, funnelshaped flowers resemble those of the popular hibiscus shrub. They are yellow during the day but turn red by evening.

A prominent column bearing the stamens and pistil arises from the maroon center.

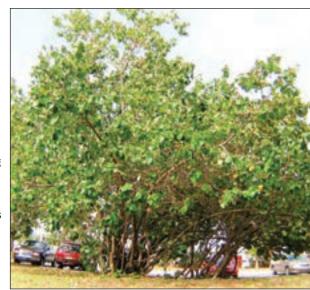
One species of similar appearance, Hibiscus pernambucensis, lacks the maroon center. Some experts theorize that it is native to some South Florida counties.

Mahoe does best in full sun with plenty of water. However, its category II status proves that gardeners don't need advice on cultivating it.

While its sale is not prohibited in Florida, experts advise against planting it in the landscape.

If you already have this tree in your yard, consider replacing it with native vegetation. At least control its spreading to other areas.

Local native-plant expert Dick



Fast-growing mahoe can be single- or multi-trunked photos by Gerri Reaves

Workman points out that removal provides an opportunity to endear oneself to woodworking and fiber-arts organizations, for the wood and bark can be used to make anything from hand tools to clothing, fishing nets to rope.

Mahoe's flowers and young leaves are

Sources: regionalconservation.org, floridata.com, se-eppc.org/wildlandweeds, and Native Florida Plants by Robert G. Haehle and Joan Brookwell.

Plant Smart explores the diverse flora of South Florida.☆



Teens Take On Survival Camp Challenge

submitted by Leah Biery

ast week was hot, buggy and sometimes very rainy, but our first-ever Have Paddleboard, Will Survive camp was still deemed "the best Sanibel Sea School experience in history" by more than one camper.

Eight teenagers and two counselors spent the week exploring Sanibel's ecosystems by paddleboard and practicing first aid and survival skills along the way. We mapped the canals, competed in an epic scavenger hunt, and camped out on Picnic Island with only paddleboards, sheets and U.S. Military Meals Ready-to-Eat.

Campers supplemented their rations with fresh pen shells gathered from San Carlos Bay, which camper Kristen Dunavant described as "not that bad." The group endured a heavy storm under a shared tarp and slept atop their boards in a mostly unsuccessful attempt to stay dry. "I'm not sure how it's possible to feel freezing cold during June in Southwest Florida, but we were shivering all night," said counselor Nicole Ogden. The whole group survived the experience, paddled back to shore after a detour to Tarpon Bay, and enjoyed coffee and donuts on the causeway. Bay, and enjoyed coffee and donuts on the causeway.





Metin Basturk finds shelter from the sun on Picnic Island



Campers prepare for their overnight journey to Picnic Island

Campers also had the option to paddle to Fort Myers Beach on Friday for a celebratory lunch at Doc Ford's. Congratulations to the five who braved the long journey successfully: Aneta Szmekova, Jacob Lemmon, Kristen Dunavant, Luke Kalhorn, and Salem Clemens. We are so impressed by your determination and endurance!

A big thank you to Sanibel Service Station, Doc Ford's Fort Myers Beach, Island Condo Maintenance, Tim Barrett of Sanibel Fire and Rescue, Kialoa Paddles, and BIC Paddleboards for their support. Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean's future, one person at a time. For more information, visit www.sanibelseaschool.org.





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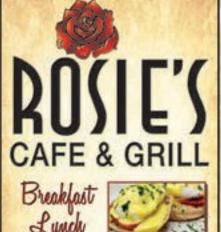


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Fish Caught



Chris Kalhorn with his snook

hris Kalhorn, visiting from Rockville, Maryland, caught a 32-inch snook off the beach on July 3 while using thread fin herring. The Kalhorns were stay-'ing at Sanibel Surfside.蓉

Eco-Friendly Mosquito Control

submitted by Melinda Myers

on't let mosquitoes keep you from enjoying your garden and outdoor parties. Look for environmentally sound ways to manage these pests in your garden and landscape.

Start by eliminating standing water in the yard. Buckets, old tires and clogged gutters and downspouts that hold water make the perfect breeding ground for mosquitoes.

Drain water that collects in these as well as kids' toys, tarps and pool covers. Store these items in the garage or turn them over to keep them from becoming a mosquito breeding ground. Even small containers hold enough water for hundreds to thousands of mosquitoes to

Change the water in birdbaths at least once a week. Consider installing a small pump to keep water moving to prevent mosquito breeding. Or use an organic mosquito control like Mosquito Dunks and Bits (SummitResponsibleSolutions. com) in rain barrels and water features. The Mosquito Bits quickly knock down the mosquito larval population, while the Mosquito Dunks provide 30 days of control. They are both certified organic and safe for pets, fish, wildlife and children.

Wear light colored, loose fitting clothing. These pests are less attracted to the lighter colors and can't readily reach your skin through loose clothing. And be sure to cover as much of your skin as possible with long sleeves and pants.

Add a few birdhouses to the landscape to bring in the birds. You'll enjoy their beauty and benefit from their diet of insects, including many garden pests and

Keep the garden weeded. Mosquitoes rest in shrubs, trees and weeds during the day. Removing weeds and managing neglected garden spaces will make your landscape less inviting to these pests.

Consider using a personal repellent

Then, add a bit of ambience to your next party by lighting a few citronella candles for your evening events. Citronella oil and the scented candles do have some mosquito repelling properties. Scatter lots of candles throughout your entertainment space. Position the candles within a few feet of your guests. This can provide some short term relief from these pests for you and your guests.

Gardening expert, TV/radio host, author and columnist Melinda Myers has more than 30 years of horticulture experience and has written over 20 gardening books. Visit www.melindamyers.com for more gardening tips and videos.₩

From page 20

Rice Rat

through August 2015. The \$89,000 study will lead to an additional estimated \$351,000 restoration component that will be research-driven, said Alyssa Jordan, FWC biologist. Matching funding from the refuge and DDWS will pay for signage and possibly an observation tower at Bailey Tract on Tarpon Bay Road.

The research conducted by UF will expand upon the refuge's monitoring program by including additional habitat types and trapping on all conservation lands on Sanibel, including SCCF and city lands

"We will be trapping in the freshwater marshes, but also mangrove and transitional zones," said McCleery. "Other rice rats elsewhere are found in various habitats. More intensive monitoring will tie in with the restoration to help us make recommendations."

After a week of trapping in late June, the researchers have so far come up empty-handed. The last rice rats trapped in the refuge were in 2014.

At that time, biology intern Hanna Joergens reported: "This spring, (we) captured two SIRR individuals at the Legion Curve site on refuge property. Rat #193, a male captured March 11, weighed 80 grams and measured 11.5 cm from nose to tail tip. These are good average measurements for the SIRR which is a smaller sized subspecies of the rice rat family. Rat #187, another male captured April 17, was much larger with a weight of 150 grams and a length of 14 cm. Both males had the distinct coloration of a Sanibel rice rat with tan back and white undersides, and the tails featured the unique half-brown, half-white skin coloration.

Rice rat habitat restoration efforts would eliminate some of the hardwood and brush growth from the marshes and ultimately restore water flow, said Jordan.

'The crisis of our generation is human-caused extinction of species," said McCleery. "We have the refuge here on Sanibel, it would be a shame to lose a species on conservation lands.

As a non-profit 501(c)3 organization, DDWS works to support JN "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research and public education through charitable donations and refuge nature shop proceeds.

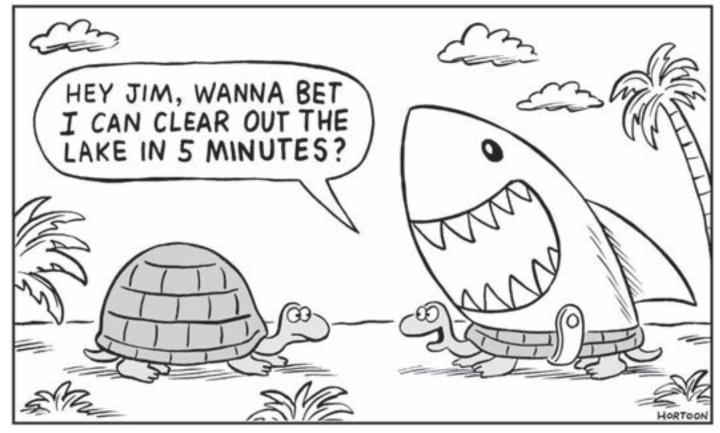
To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-

mosquitoes. For those looking to avoid DEET, the Center for Disease Control and Prevention has also approved products with the active ingredient picaridin (found in Skin So Soft products), IR3535, and the synthetic oil of lemon and eucalyptus. Avoid products that contain both sunscreen and insect repellents as you need to apply the sunscreen more often than the repellent.

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Add a bit more protection while sitting or eating outdoors. Use a fan to create a gentle breeze that keeps the weak flying mosquitoes away from you and your guests. Some gardeners even take a small fan into the garden while weeding.

HORTOONS



Restoration Project Clears Another Hurdle

he Florida Department of Environmental Protection has authorized the South Florida Water Management District (SFWMD) to continue the next phase of the Southern Corkscrew Regional Ecosystem Watershed (CREW) Restoration Project. When completed, the project will provide significant benefits to the ecosystem including restoring wetlands and the natural sheetflow of water, improving regional flood protection drainage, increasing water storage and aquifer recharge capability, and reducing the amount of nutrient-rich stormwater reaching the Imperial River and Estero

This project exemplifies the commitment of the state of Florida to protecting and restoring the larger south Florida ecosystem," said DEP Deputy Secretary for Ecosystem Restoration Drew Bartlett. "The department will continue to work closely with our partners to ensure that restoration continues."

The authorization issued today is for Phase II of the Southern CREW Restoration Project which encompasses 4,150 acres of multiple native plant communities, including hydric pine flatwoods, strand swamps, wet prairies and marshes that have been fragmented by past construction of ditches and roads. These alterations have resulted in restriction of historic sheetflow, artificial water impoundments and flooding, increased pollutant loading to the Imperial River, an Outstanding Florida Water, and disruption of natural wetland functions.

"The project will restore the southwest corner of the larger CREW project," said SFWMD Governing Boardmember Rick Barber. "The restoration in this particular location creates a vital buffer area between the CREW project and the eastern urban boundary.

Phase II of the project consists of ditch backfilling, ditch plugging, road degradation and the construction of low water crossings to allow for the re-establishment of hydrologic conditions similar to those present prior to development attempts of the area in the 1960s. The project is expected to restore approximately 437 acres of wetlands. The project's enhancements are anticipated to encourage the growth and sustainability of native wetland plant species, providing both food and habitat for wildlife.

The Southern CREW Restoration Project is located in Lee County between the Kehl Canal, which is located adjacent to the northern boundary, east of Interstate 75 and north of Bonita Beach Road.

For more information, visit www.dep. state.fl.us. 🛱

Snowy Plover Program At SCCF

Tatch where you walk. There are plover hatchlings on the beach. Sanibel-Captiva Conservation Foundation (SCCF) has been monitoring and staking the nests of this threatened shorebird on Sanibel beaches for 15 years. Join SCCF biologists on Thursday, July 16 at $1:30\ \mathrm{p.m.}$ to learn about this threatened species and what you can do to protect their small nesting populations. Cost of program is \$5; no charge for SCCF members.

Call SCCF at 472-2329 for more information on these programs unless oth-

erwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333

Sanibel-Captiva Road.☆

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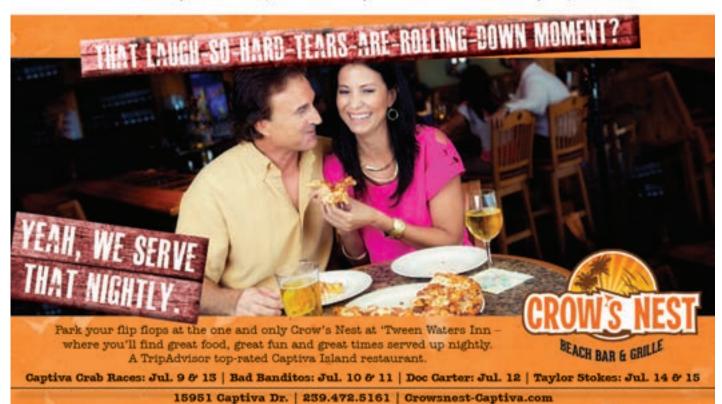
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Send your editorial copy to: press@islandsunnews.com





Sanibel-Captiva Art League Sanibel-Captiva Art League Show



Audrey Chiaradio

For a cool respite during our lovely sunny afternoons, you are invited to drop by the Sanibel Public Library, 770 Dunlop Road, to see the Sanibel-Captiva Art League's Annual Members Art Show. There are over 50 original paintings by skilled artists in a variety of media with different interesting subjects and creative compositions. Featured are local scenes painted dur-



Diane Olsson

ing the weekly paint-outs. Many artists new to Florida soon learn they must modify their paint palette and change to "Florida colors" because the light and hue here often appear more vibrant than in northern states.

Outdoor paint-outs are always a favorite among the participating artists, members and guests alike. Other meeting places include Bowman's Beach, Blind Pass,



Marcy Calkins

Lighthouse Beach and the JN "Ding" Darling National Wildlife Refuge. Tourists enjoy observing the artists create extraordinary interpretations of local scenes. Seasonally each Thursday morning, the artists meet at a different island location to paint and then gather for lunch and a critique. The variety of individual styles fascinates everyone at these encouraging critiques. Many of the scenic paintings are shown in local galleries throughout the year and are favored by viewers who wish to purchase a "little of the islands to take back north."

The library welcomes everyone to check out their facilities and see what continued on page 31



Bonnie Begraft



Audrey Otto





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Stuffed Zucchini Flowers

20 fresh zucchini flowers 1 teaspoon mint leaves, finely chopped

- 1 ounce onion, grated
- 1 ounce zucchini, grated
- 1 ounce tomato, grated
- 3/4 cup Mexican rice
- 1/2 cup fresh lemon juice
- 2 pinches salt 2 pinches pepper
- 2 eggs, lightly beaten
- 3 cups cornmeal
- 2 tablespoons olive oil

Place the zucchini flowers in cold water to open and make the preparation easier. In a large mixing bowl, place the

rice, all the chopped and grated ingredients, half of the olive oil and lemon juice, and a pinch of salt and pepper. Mix well. With a small spoon, take small amounts of the stuffing and fill the zucchini flowers. Fold over the flower ends to seal the stuffing inside.

Heat a sauté pan over medium-high heat. Carefully dip the stuffed flowers into the egg mixture, then roll them in the cornmeal. Repeat this process with half of the stuffed flowers at a time.

Gently sauté the coated flowers in the oil until golden brown. Repeat in batches until all flowers have been cooked. Serve immediately.

Yields 4 servings.☆



Stuffed Zucchini Flowers

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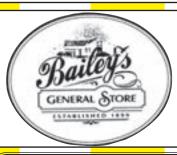
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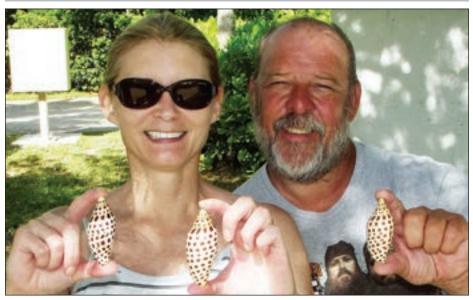
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Shells Found



Lori and Robert Deavers with their trio of iunonias

ori and Robert Deavers, visiting from Selma, Alabama, found three junonias while shelling last week: two on Blind Pass Beach and the other at Bowman's

Shell Found



Erin Daley

rin Daley from Knightdale, North Carolina found a junonia in the dighthouse area while staying in Fort Myers. Erin said she found it under a piece of driftwood.☆

Shell Found



van Kulesza, 8, visiting from Citrus ■ Heights, California, found a junonia on the beach at Blind Pass while staying at Sundial Resort. Evan said, "I found it in the shallow water, half buried in sand.";;

Shells Found



Ethan, Mary, Ella and Yuan Lian

ary and Juan Lian and their children, Ethan, 6, and Ella, 5, of Tampa, Florida found a true tulip and two alphabet cones on the beach while vacationing at **▲**Sanibel Arms.☆

From page 28

Art League Show

they offer to both residents and visitors including computers and Internet access. All card holders can take advantage of downloading eBooks. Also open to residents and visitors are the Summer Reading Program for youngsters and the Book Discussion Group for adults. For additional information, call 472-2483 or log on to www.sanlib.org.

For more information about the San-Cap Art League, write to P.O. Box 1192, Sanibel, FL 33957 or visit www.sancapart.com.☆

From page 17

Prickly Cockle Make marine-themed art to take home

Saturday at 1:30 p.m.: Sanibel Shells - Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆



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Parade Award Winners

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Best Float - Not-for-profit: Rotary Club of Sanibel-Captiva **Best Salute to the U.S. Military:** Maughan Law Group

Best Original Design: Sanibel Shell Crafters

Best Float - Family: Jim Brent

Most Patriotic: Maughan Law Group/Rotary Club of Sanibel-Captiva (tie)

Best Music: Rotary Club of Sanibel-Captiva



photo by Susan Andrews





































more photos on page 44

Campers Explore Captiva With Kayaks, Paddleboards



Dawn Bailey, right, an eco-quide for Adventure Sea Kayak & SUP, teaches the basics of how to use a stand-up paddleboard to summer campers from the Sanibel Recreation photos by Jeff Lysiak Center

by Jeff Lysiak

ast week, a group of fourth and fifth graders enrolled in the Sanibel Recreation Center's Summer Day Camp spent their fourth Tuesday morning exploring the waters of Captiva by using two alternative methods of transportation: kayaks and stand-up paddleboards.

On June 30, two dozen campers – under the guidance of counselors Sarah Christopher and Dakota Phillips – visited Adventure Sea Kayak & SUP on Captiva, located behind 'Tween Waters Inn. Thanks to a partnership between the Sanibel recreation center and the eco-tour operator, youngsters have an opportunity to get out onto the water and explore the natural beauty of the island's back bays and mangrove forests.

Our staff gives a very good overview of some of Florida's beautiful wildlife, the flora and fauna they'll see and some of the history of the area," said Adventure Sea Kayak & SUP owner Brian Houston. "And it's not the distance that they get to travel, but the quality of the fun they're having out there on the water."

Led by stand-up paddleboard eco-guide Dawn Bailey and kayak instructor/nature quide Corey Delannor, the first group of campers received a quick lesson in equipment safety. While Bailey explained why it was important never to step onto a paddleboard while it was still on land, Delannor demonstrated the proper method for paddling a kayak.

"Kids are gonna fall off their paddleboards," explained Houston. "We educate them how to get back on. It's important that they know the safety before they have the



Summer camp participants learn how to maneuver a kayak with a paddle with help from Corey Delannor



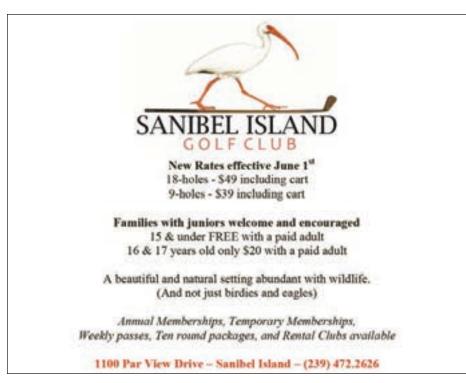
Camp counselor Dakota Phillips, right, asks campers who wants to take a turn with the kayaks

fun."

During their eco-tour, campers paddled their way towards Roosevelt Channel, where they planned to visit Lloyd's Lagoon in Buck Key. Each group spent approximately an hour out on the water before they returned to the 'Tween Waters Inn grounds, where they traded places with other campers who spent the first hour swimming in the pool.

Adventure Sea Kayak & SUP tours and rentals offers a variety of on-the-water experiences for all ages, from kayak tours and stand-up paddleboard lessons to yoga and twilight tours. For additional information, visit www.CaptivaAdventures.com or call

In addition to kayaking and paddleboarding, campers participate in activities such as swimming, arts and crafts, archery and athletics as well as a variety of games. Special





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Campers get ready to head out onto the waters of Captiva with their kayaks

guests, along with an enhanced field trip itinerary, will also be a part of the action. The camp operates Monday through Friday from 8 a.m. to 5 p.m. through August 21.

Weekly camper fees vary from \$89.25 (members) and \$115.50 (non-members) for early bird registrants to \$107.25 (members) and \$138.75 (non-members); call 472-0345 for registration dates and fees. Financial assistance is also available to qualifying families.

As part of the registration fee, breakfast and lunch will be provided daily as well as an all-inclusive weekly field trip itinerary. Campers should bring a swimsuit, towel and sunscreen daily

For more information, call the Sanibel Recreation Center at 472-0345.☼

Discount Movie Tickets For Rec Center Members

he Island Cinema of Sanibel, at 535 Tarpon Bay Road, is offering Sanibel Recreation Center Member Movie Rates, movie tickets at a discounted rate, for all City of Sanibel Recreation Center members.

Admission for Sanibel Recreation Center members (adult, senior) will be \$6 including tax (40 percent off regular ticket price). All participating members will need to show a valid discount movie voucher from the Sanibel Recreation

Center. Movie vouchers are available to current recreation center members and can be picked up at the recreation center front desk.

These feature films are offered through a partnership between the City of Sanibel Recreation Center and Island Cinema.

Check the City of Sanibel's website, www.musanibel.com, for movie dates.

Due to limited capacity in the theater, recreation center members wishing to utilize this discount are strongly urged to purchase their tickets at the cinema, 535 Tarpon Bay Road, in advance. For more information, call 472-0435.☆

Humane Society Celebrates Freedom

he Gulf Coast Humane Society (GCHS) will be celebrating Freedom and the Gift of Independence for July with an adoption special for senior pets. The shelter has five cats and four dogs that are eight years or older that are looking for forever homes. For the month of July, all seniors will have a reduced adoption price of \$25.

Older pets have many "knowns" from the start. Size, grooming requirements, and personality traits are a few of the factors that you will know. "Many times, senior pets at the shelter are overlooked, but they have many great qualities for adoption," said Executive Director

Jennifer Galloway. "Senior pets will settle in quickly and many times they are already trained and their teething years are behind them.



12-year-old Trigger

They enjoy the easy life for the most part and don't require the constant monitoring that puppies do. They are our best adoptions because they are very loving and devoted."

Also as part of the shelter promotion, the Barkin Boutique store will have a Christmas in July sale with pet related items discounted up to 80 percent off retail. The promotion will be throughout the month of July for anyone that visits the boutique.

Gulf Coast Humane Society, located at 2010 Arcadia Street in Fort Myers, was established as the first non-profit animal welfare organization in Southwest Florida in 1947. The 501(c)3 mission is to rescue, provide safe refuge and compassionate care, and find forever homes for abandoned and neglected animals in the area. GCHS only takes in owner surrendered and transfers from other shelters and rescue groups with a high success rate of adoptions. Their veterinary clinic is open to the public and offers a full array of affordable services six days a week. For more information, call 332-0364 or visit www.gulfcoasthumanesociety.org.



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The Sanibel Public Library's Mini Parade Float contest entries

Library Programs Keep Kids Excited About Reading

ocal children are reading for others in the Sanibel Public Library's annual Summer Reading Program. For the summer reading program, Youth Librarian Barbara Dunkle helped children set reading goals. Whether the kids reach the goals or not books are earned to build their home library. The Sanibel Public Library Foundation matches each book earned so the child also earns a book for Golisano Children's Hospital of Southwest Florida. Last summer, island readers earned 1,301 books for the library at the Children's Hospital. This year's goal is 1,500 books.

Weekly children's program continue through the summer, with special presenters on Tuesday afternoons at 3 p.m. These programs are for kids of all ages, with no additional charge to participate. Call 472-2483 ext. 201 for more information.

The library welcomes Jacki Manna, a funny ventriloquist, magician, storyteller and elementary school teacher, on July 14. Manna has performed at Walt Disney World, on the world's largest cruise ships, camps, schools, churches and libraries.

The theme for the July 21 afternoon program is Design! Build! Create! John Storms brings his World of Reptiles presentation to the library on July 28.

On Tuesday evenings after the library is closed, there is VIP After Hours for kids entering sixth grade and older, where middle and high schoolers can enjoy

crafts, snacks and games. Bring a drum to Beatnik Night on July 14. On the night of July 21, the library will be overrun with the "undead" on Zombie Night. Glam Smash Book Night is July 28.

Other weekly youth programs include 10 a.m. Mondays, Toddler Time for 12 months to two-year-old toddlers, and on Wednesdays at 11:30 a.m., Small Wonders is a lap-sit program for babies and their caregivers featuring songs, rhymes and fingerplays.

Kids in kindergarten and older are invited to the Thursday morning craft program. Each Thursday at 11 a.m. in July, kids can make and finish a craft which can be taken home. Registration is necessary for this free program so Ms. Barb has enough supplies for everyone. Come in or call to register by the Wednesday before the program.



Ventriloquist Jacki Manna with "The Librarian"

The Sanibel Public Library Foundation, along with the Joan Hunt Cory Children's Fund, underwrites the summer reading program. The Joan Hunt Cory children's fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident.

For more information about the Sanibel Public Library, call 472-2483 or visit www.sanlib.org.



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Library Book Discussion Group To Meet

Readers are invited to come to the Sanibel Public Library to talk about Debra Dean's book, The Madonnas of Leningrad, the focus of the Wednesday, July 22 book discussion. The meeting is free and open to the



public. The discussion begins at 2 p.m. in the library's Meeting Room 4, located on the ground floor.

The Madonnas of Leningrad is the fictional story of Marina, an elderly Russian woman now living in America. Bit by bit, the ravages of age are eroding Marina's grip on the everyday. Marina cannot hold on to fresh memories – the details of her grown children's lives, the approaching wedding of her grandchild – yet her distant past is miraculously preserved in her mind. Images of her youth in war-torn Leningrad carry her back to the terrible fall of 1941, when she was a tour guide at the Hermitage Museum and the German Army's approach signaled

the beginning of what would be a long, torturous siege on the city. As the people braved starvation, bitter cold and a relentless German onslaught, Marina joined other staff members in removing the museum's masterpieces for safe keeping. As bombs pounded Leningrad, Marina built a personal Hermitage in her mind — a refuge that would stay buried deep within her, until she needed it once more.

The Madonnas of Leningrad was a New York Times Editors' Choice, a #1 Booksense Pick, a Booklist Top Ten Novel and an American Library Association Notable Book of the Year.

While it is preferable to come to the discussion having previously read the book, all are welcome. Copies of book club books are located in the library near the reference desk.

The book for the August 26 review is Wally Lamb's We Are Water. The group will read Kathleen Grissom's The Kitchen House in September. For more information, call 472-2483, or go to www.sanlib.org.*

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Pete Bender, Nancy Bender, Ed Ridelhoover and Chris Davison

Island Inn Joins Team Of Silver Sponsors For 10K

he historic Island Inn has joined the team of Silver Sponsors for the 10K Race 4 FISH, an annual race around Sanibel Island that supports the community non-profit organization. FISH of Sanibel-Captiva, Inc. has been an organization helping its neighbors for more than three decades.

"The Island Inn is honored to support the FISH 10K," said Steve Hatfield, operations director at the Island Inn. "It is a wonderful charity that gives great support to people who live on our beautiful island.

'The Island inn has a long and eventful Sanibel history closely intertwined with many of the families who live here. We are very proud of the inn's involvement in the community," said Chris Davison, general manager. "But it is not just a tradition with us - it is a daily commitment for the Island Inn to preserve our community's way of life and help our neighbors thrive."

Throughout its history, FISH has been dedicated to making a social investment in the island communities of Sanibel and Captiva. In 2013, the organization assisted 1,634 individuals in 1,217 households through emergency financial assistance, various Helping Hands programs, youth scholarships and food pantry. Its team of volunteers provided more than 6,000 hours of service last year, and has become an integral part of the organization's mission of neighbors helping neighbors.

"For the past 30 years, the FISH team has worked to impact positively the lives of our island neighbors," said Maggie

Feiner, executive director of FISH. "Island Inn's support of FISH and its commitment to helping those in need is greatly appreciated.

The 6th annual 10K Race 4 FISH starts and finishes at The Community House, located at 2173 Periwinkle Way. The race is set to begin at 7:30 a.m. on Saturday, October 17, and runners can register with the Fort Myers Track Club or by downloading a registration form, available at www.fishofsanibel.com.

Additional sponsorships are available and anyone interested in becoming a race sponsor should contact FISH at **472-5200.**☼

SPORTS QUIZ

- 1. In 2014, Jhonny Peralta set a record for most home runs by a St. Louis Cardinals shortstop (21). Who had held the mark?
- 2. Which player had the most RBIs during the decade of the 1970s?
- 3. Who holds the record for most touchdown passes in an Orange Bowl game?
- 4. Name the last Orlando Magic rookie to score 35 points in a game before Victor Oladipo did it in 2014?
- 5. In 2015, Nicklas Backstrom became the Washington Capitals' all-time leader in assists (427). Who had been No. 1?
- 6. Who holds the record for most medals in the Winter Olympics?
- 7. Name the last PGA golfer before Jimmy Walker (2014-15) to win back-to-back Sony Opens?

ANSWERS

6. Ole Einar Bjoerndalen of Norway has won 13 medals in the biathlon. 7. Ernie Els, in 2003-04. Michal Pivonka, with 418 assists. Current teannmate Alex Ovechkin is now second on the team with 420. RBIs. 3. West Virginia's Geno Smith, with six TD passes in 2012. 4. Shaquille O'Neal, in 1992. 5. 1. Edgar Renteria had 16 home runs for St. Louis in 2000. 2. Cincinnati's Johnny Bench, with 1,013

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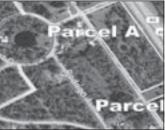
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Olympic-Style Field Day For The Youngsters

ampers at the Children's Education Center of the Islands celebrated the 4th of July with an Olympic-style Field Day. The children played tug-o-war, competed in relay races, water balloon toss, ring toss, parachute play and other games. They cooled down with rocket popsicles and later had an All-American lunch with hot dogs, corn on the cob, watermelon, chips and the beans they picked from their organic memorial garden.☆



A game that has lasted many generations, parachute play, was enjoyed by everyone big and small



Charlee Armstrong, Oliver Bowman, Yuan Bonhayag and Steele Floyd in the lead for the



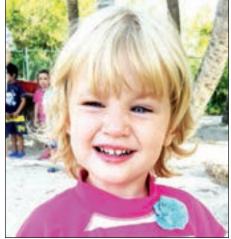
The children had an All-American lunch to finish up their day

homas R. Louwers, M.S.T.

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Ally Flynt poses with her superstar sunglasses to make sure she is looking cool during the games



Penny Bowman shows her patriotic side during the Field Day games

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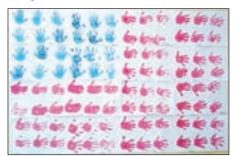
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Ava Wodjeski and Emma Spencer enjoy their Rocket Pops after a fun day of Field Day games



The campers made a larger than life flag out of their hand prints for the 4th of July

Superior Interiors

Color Continuity Is A Must



by Marcia Feeney

any decorators recommend color continuity throughout a house. However, this doesn't mean using the same color scheme in

every room – how boring would that be! It does, however, mean a smooth color transition from one room to the next.

One connecting color will serve to accomplish this. It could be a soft sage green shade, or robin's egg blue, or buttercup yellow... any color actually. The key is to use your connecting color in varying degrees of intensity from room to room. Sometimes your main color in one room would then be better used as an accent color in an adjoining room. It might be carpeting in one room, walls in another, an occasional chair in a third, an element in the drapery fabric in a fourth.

It's also extremely important to add

one unexpected and fun splash color into your basic color scheme. Did you know that when we walk into any room, our eyes crave visual movement? And by adding a splash color – something unexpected into your overall color scheme you instantly add visual interest into your design plan.

Think about a basic color scheme of buttercup yellow, sage greens and warm whites. Most would find this a calming color palette, and can easily visualize carrying varying degrees of intensity of these colors from room to room. But just think about the awesome impact a splash color could add. How about introducing a warm coral shade into this color scheme? By cleverly using this color in accent or accessory pieces, and then moving these colored accents strategically around your room, you've immediately created a much more pleasing design plan, full of impact and visual interest.

And if you love to rearrange your furniture, just think of the possibilities color continuity from room to room affords. All of your furniture pieces as well as your accessories can be easily interchangeable color-wise from room to room.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecden.com.

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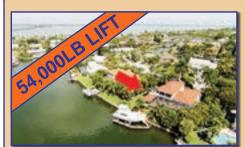
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Former FGCU Pitcher Chris Sale Just Misses Setting All-Time Baseball Record

by Ed Frank

If you turn back the calendar five years, there was a 21-year-old pitcher at Florida Gulf Coast University who had posted \blacksquare an $\hat{1}1-0$ record with a 2.01 ERA in that $\hat{2}010$ college base-

His name was Chris Sale, and few would have guessed that five years later he would become only the second pitcher in baseball history to record 10 or more strikeouts in eight straight games. He shares the record with former Red Sox Pedro Martinez, who will enter baseball's Hall of Fame this month.

But that accomplishment is just another page in the All-Star record book of this talented left-hander who has become one

of the very top pitchers in the Major Leagues. And remember, he is just five seasons

removed from Fort Myers' Florida Gulf Coast University.

Sale was drafted by the Chicago White Sox in the 2010 Major League Draft with the 13th overall selection, inking a \$1.65 million signing bonus. He spent less than three months in the minors before being called up by the White Sox – one of only five players in baseball history to reach the majors the same year he was drafted

The White Sox assigned the Lakeland, Florida native to the bullpen that first year as well as the 2011 season, making 21 appearances his rookie year and 58 in 2011. He was converted to a starter in 2012, and has been an All-Star four consecutive years,

The six-foot, six-inch southpaw with the blazing fastball (93 to 98 mph), slider and changeup, signed a five-year, \$32.5 million contract in 2013, with options that could keep him as a White Sox until 2020.

Sale's attempt to break that eight-game, 10 strikeout record was a beauty Monday night when he dueled with Toronto's Mark Buehrle, another left-hander, who prior to signing with the Miami Marlins in 2012 and then with Toronto, had been one of the best players ever to wear a White Sox uniform.

Buehrle anchored the White Sox 2005 World Series championship as well as owner of a 2007 no-hitter and a perfect game in 2009 against Tampa Bay.

What a matchup: Sale against Buehrle with history in the making! Sale came out the winner with a complete-game 4-2 victory, racking up six strikeouts – just four shy of setting a new record of nine consecutive games with 10 or more strikeouts.

Martinez set his record of eight straight double-digit strikeouts in 1999, an amazing

Cy Young Award-winning season in which he had actually had a seven-game streak of 10 or more strikeouts early in the season.

Now an analyst for the MLB Network, Martinez was cheering for Sale to break his record. For now, however, he will share that coveted record with Sale.

But stay tuned: Sale is just 26 years old and has plenty of years ahead of him to reach that magic mark of 10 or more strikeouts in nine consecutive games.

Sano Lights It Up In Major League Debut

The long-awaited Major League debut of Minnesota's Miquel Sano resulted in seven hits (7 for 17) and a .412 batting average in his first five games.

Sano, who batted .330 in 56 games with the Fort Myers Miracle two seasons ago, missed an entire year of action due to Tommy John surgery. But he shook off the rust early this season playing for the Twins Double A Chattanooga, and was called up last week to bolster the weak-hitting Twins offense.

His booming bat could be just what the surprising Twins need to stay in playoff contention this year.

Miracle Home At Hammond Stadium This Weekend

The Fort Myers Miracle baseball team began the week with a three-game winning streak after sweeping the St. Lucie Mets last weekend.

Through Monday of this week, the Miracle's second-half season record was 8-4, good for a second-place standing in the Florida State League South Division.

The Miracle is home this weekend at Hammond Stadium hosting the Clearwater Threshers Friday through Monday.

From page 21

Gray Fox

they haven't learned (survival skills) in captivity, with no parents to show them what to

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crow-

Miracle Hosts Dog Daze Of Summer July 24

oin your island friends and neighbors on Friday, July 24 for the next Dog Daze Of Summer celebration with the Fort Myers Miracle at Hammond Stadium. Game time versus the Tampa Yankees is at 7:05 p.m.

Bring your dog to the game for a night of baseball and visit with vendors on the concourse with doggie treats to celebrate the Dog Daze Of Summer. Dogs get in free while tickets are only \$9.75 for adults or children. Tickets are for general admission seats in the grandstand. Purchase your tickets at the Sanibel Recreation Center by Wednesday, July 22.

For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.☆

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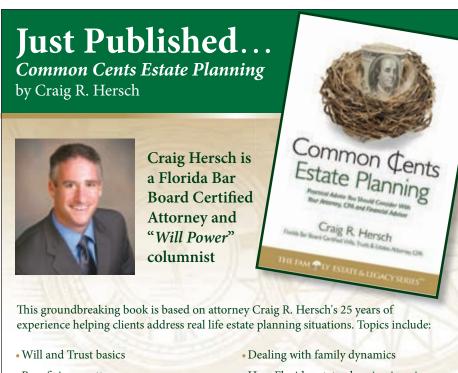
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The Dangers Of Real Estate In A Self-Directed IRA



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

'was reading this blog," Stacey (not her real name) recently asked me, "and I got the idea to buy rental property and own it in a self-directed IRA. Do you think it's a good idea?'

Two weeks ago, I wrote about the four levels of information from the lowest form to its highest - data, information, knowledge and wisdom. The Internet is chock full of advice that I would classify as information, but the advice isn't enough to include the knowledge or wisdom that is typically required for successful outcomes.

The blog post about holding rental property in an IRA is a classic example - just enough information to make it dangerous. So it was time to impart some knowledge and wisdom to complete the advice Stacey was about to act upon.

"Remind me how old you are Stacey," I asked.

"I'm 65," she replied.

"In about five years," I began, "you are going to have to start taking required minimum distributions from your IRA.

"Okav." Stacev said.

"The way that those required minimum distributions work is that you have to take the balance of all of your IRAs as of December 31st and divide that balance by a divisor found on a Uniform Life Table issued by the IRS corresponding to your age that next year.

"So?" Stacey asked.

"In order to determine the balance of your IRAs when you own real estate inside of them, you will need to pay for an appraisal and you will have to re-appraise them every year as the value will change. This is quite different than traditional IRAs that own stocks, bonds and mutual funds since those have a readily determined market value every day.'

"That could get quite expensive," Stacey realized.

"It can. Especially when you consider that to truly value rental property, you need two appraisals, the first being the appraised value of the land and building, and the second appraisal would value the net income flow associated with the rent.

"Not good," Stacey said.

"It doesn't end there," I continued. "If all of your IRA accounts together had sufficient liquid assets - cash, stocks and mutual funds, for example, in order to satisfy the required minimum distribution, then you're okay for that year. But if there isn't sufficient liquidity, then you would have to deed out a portion of the real estate to yourself in order to satisfy the required minimum distribution. Failure to distribute the minimum correct amount results in a 50 percent excise tax on the deficiency!'

That could be a real problem," Stacey said.

"Also, the value of the distribution to you is taxed as ordinary income. This is true even though you haven't sold the property yet. The fair market value of the portion of the property distributed as a required minimum distribution could therefore be taxed at the highest marginal income tax rate - 39 percent - whereas if you held that same rental property outside of an IRA, no amounts are realized until you sell the property and then the top capital gains tax rate is only 20 percent.

'You've convinced me not to do this," Stacey said.

"Not to pile it on — but there's an additional issue if you borrow money to purchase the property. If the rental property is owned in a self-directed IRA and you are making mortgage payments, those payments are counted as additional contributions to the IRA, which may fall outside of the permissible contribution limits.'

"Wow. So why would anyone suggest this strategy?

"The strategy could work for someone who has quite a few years left before they must begin taking their required minimum distributions, and they can purchase the property for cash, and intend to sell the property before they have to use the property itself to satisfy any required minimum distributions. In that case it would appear that

they would avoid all of the income tax associated with the gain." I said.

"Seems like a very limited strategy," Stacey concluded.

And that it is. While owning rental property – or any real estate for that matter – inside of an IRA could work out under the right circumstances, the strategy isn't for everyone. This is the danger when one reads about any legal, tax or financial strategy on the Internet or in any periodical.

Remember that it's just information you are reading - it isn't laden with all of the knowledge or wisdom that you would get by asking someone actually trained in the

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Sanibel-Captiva Optimist Club members gathered to accept a \$1,500 check from Sanibel Captiva Community Bank. From left is Richard McCurry, John F. Jones, Marit Hansen Mouchou and Randy Carson with bank representatives Marilyn Kane and Tony Gropp and club members Susan Barnes, Dani Howard, Club President Stan Howard and Mark O'Brien.

Sanibel Captiva Community Bank Supports San-Cap Optimist Club

anibel Captiva Community Bank recently contributed \$1,500 to the Sanibel-Captiva Optimist Club. Chartered in 1997, the club is one of 2,500 worldwide that shares the mission of providing hope and positive vision to bring out the best in kids. Each club is autonomous and run by community members.

The Sanibel-Captiva Optimist Club organizes several fundraisers each year, including the Jingle Bell 5K Beach Walk in December, the Fourth of July Road Rally and the Sanibel Uncorked Winter Wine Festival in February. To learn more, visit www.

sancapoptimist.org.

We are proud to back the Optimist Club," said bank President and CEO Craig Albert. "This group is one that helps make the islands what they are. The club members' enthusiasm, commitment to the community and devotion to children's causes certainly merit our support.

Sanibel Captiva Community Bank is the only bank chartered on Sanibel Island, where it has two locations. The bank also has two locations in Fort Myers. To learn

Our email address is press@islandsunnews.com

Children's Hospital Welcomes Doctor

olisano Children's Hospital of Southwest Florida is pleased to Jannounce that Jessica Kovarik, M.D. recently joined the professional staff of Lee Physician Group - Pediatric Ophthalmology.

Dr. Kovarik earned her medical degree from the University of Miami Miller School of Medicine in Miami. She completed a transitional internship at the University of Pittsburgh Medical Center, UPMC Mercy Hospital; an ophthalmology residency at the University of Pittsburgh Medical Center, UPMC Eye and Ear Institute; and a pediatric ophthalmology fellowship at Indiana University Medical Center, Riley Hospital for

continued on page 47



Jessica Kovarik, M.D.

School Smart



by Shelley M. Greggs, NCSP

Shelley, daughter will be going to a new middle school this August. I want to be active in her new school since I did not have that

opportunity previously due to my work schedule. I am concerned about how to get involved without being overbearing or being seen as a helicopter parent. What are your suggestions?

Emily B., Estero

Parent involvement at your child's school is one of the most important things you can do to help your child be successful. Sometimes it is difficult to make that connection with the school given a busy work schedule or if your own school experience was not a good one, however, this is an extremely important relationship that is worth developing.

According to research reported by the National Association of School Psychologists, when families are involved in education, there are very positive benefits for students, teachers and families. Students display better attitudes toward school and learning, higher achievement and test scores, improved behavior, increased homework completion, greater participation in academic activities, and improved school attendance.

At home, parents can make sure that

- Monitor homework completion Talk with your children about their assignments, understand what they are studying and review their progress
- Participate in leisure reading with your children at all ages - It's fun to read the same books as your children and then discuss them
- Communicate often with your children about academic and behavioral expectations, and give them constructive praise and support

Here are a few ways for parents to be active at school:

- Participate at school as volunteers and committee members
- Participate in school functions, athletics and other extracurricular activities
- Regular communication with the teacher(s) about your child's progress
- Participation in adult educational opportunities offered by the school
- Active involvement in school decisions as presented by the school or Board of Education

Many teachers have special activities designed for parent volunteers. Make sure to ask your child's teachers what would be helpful. Very often, the school's parent association will have projects and committees where you can volunteer. While it may be easier to join a parent group or volunteer when your child is in elementary school, it is equally important to stay

involved while your child is in the higher grades. Volunteering with other parents during the high school years can help parents stay connected to each other in an informal parent network, which is always helpful.

These are just a few suggestions on how to become and stay involved in your child's educational journey. There are many more ways to be involved; the key factor is that you are involved.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can

FGCU Among Greenest Universities

Norida Gulf Coast University (FGCU) has been recognized as one of America's Greenest Universities by BestColleges.com, a website that collects and posts information about colleges and universities for prospective students.

Editors ranked FGCU No. 26 in their 2015 list after reviewing more than 240 schools nationwide rated by the Association for the Advancement of Sustainability in Higher Education (AASHE). Their list of 39 "greenest" colleges and universities was generated using AASHE's Sustainability Tracking, Assessment & Rating System (STARS) database, which recognized FGCU with a Gold Rating in 2014; STARS scores are based on sustainability efforts in academics, campus engagement, operations, planning and administration.

"Sustainability and environmental stewardship are not simply terms students learn in the classroom at FGCU," said President Wilson G. Bradshaw. "They are core components of the university's mission and figure prominently in research initiatives such as our Emergent Technologies Institute, as well as our campus design and operations."

BestColleges.com stated that FGCU and other schools on the list had "gone above the baseline" in sustainability efforts. It also spotlighted FGCU's preserved and restored lands, solar energy field, civic engagement emphasis and buildings certified for sustainable design, construction and operation.

The campus community consistently rallies around the university's sustainability initiatives, which are key to helping prepare students to lead the "green economy," said Katie Leone, Environmental Stewardship & Sustainability Coordinator. "FGCU functions as a living-learning laboratory, where operational practices are integrated into the curricular experience, creating sustainability service and research opportunities. Students

continued on page 45





Florida's Newest **School Choice** Program To Grow

new customized scholarship program for students with significant Aspecial needs will nearly triple in size this year, and applications are now

The Personal Learning Scholarship Accounts (PLSA) program, created in 2014 to serve students with one of eight different disabilities, will also expand to include 3- and 4-year-olds, students with muscular dystrophy and students with any diagnosis along the autism spectrum disorder.

To keep up with rising demand, the legislature increased the PLSA fund from \$18.4 million to \$53.4 million, enough to award scholarship accounts for more than 5,000 students.

'We are eager to begin a new year helping Florida meet the needs of these students with unique abilities," said Step Up For Students president Doug Tuthill.

Eligible students must be 3- to 22-years-old and in grades PreK to 12. Students must be diagnosed with one of the following disabilities: autism spectrum disorder, cerebral palsy, Down syndrome, Prader-Willi syndrome, Spina bifida. Williams syndrome, an intellectual disability, muscular dystrophy, or diagnosed as "high risk" due to developmental delays.

The PLSA program was signed into law last June and served nearly 1,700

children with special needs during the 2014-15 school year. Step Up managed the accounts of 1,579 students, valued at more than \$15 million.

The PLSA gives parents control over an education expense account that can be used to pay for tuition, fees, textbooks, curriculum, school supplies, electronic devices, tutoring and therapies. Unspent money rolls over from year-to-year and can even be saved for higher education. Scholarship accounts vary by district and severity of disability, but average about \$10,000.

Scholarship students must enroll in a private school, or be home schooled, although parents are allowed to contract services with public schools including dual enrollment courses with institutions of higher education.

Free PLSA applications for the 2015-16 school are still available. For more information, visit www.stepupforstudents. org.₩



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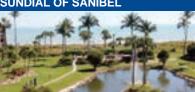
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From left, CROW's Nanette Scoville, Bank of the Islands' Willy Ocasio and WLOI winner Moni Arnowitz

Bank Gives \$1,300 For Animal Welfare

Bank of the Islands recently made its latest non-profit donations through its We Love Our Islands program. The winner choosing the beneficiary organizations was longtime islander Monika Arnowitz. She was spotted with a We Love Our Islands

decal on her car. That won Arnowitz the right to select which local non-profit group would receive a charitable contribution from Bank of the Islands.

She chose to split the bank's \$1300 donation between two island non-profits with animal welfare missions. CROW will receive \$1,000 and PAWS of Sanibel will receive \$300.

This CROW gift is in addition to the volunteer time and presenting sponsorship support Bank of the Islands provides for CROW's Taste of the Islands. These new CROW and PAWS gifts mark a total



From left, PAWS volunteer Diane Barr, Bank of the Islands' Willy Ocasio and WLOI winner Moni Arnowitz

of \$63,600 that the bank has contributed to island organizations to date through the We Love Our Islands program.

"CROW provides rescue and veterinary care for wildlife, and PAWS focuses on pets in need," said Bank of the Islands

Sanibel-Captiva office manager Willy Ocasio. "That's a great combination of animal welfare support for our pet-friendly bank. What a great way to show how much we appreciate being your island bank."

From page 42

FGCU Among Greenest Universities

graduate understanding how economic systems are supported by social and ecological resources, and they are empowered to ensure the continual health of our planet and society through their professional and personal decisions."

Great House at a Great Price!

ISLAND SUN BUSINESS NEWSMAKERS



LeAne Taylor Suarez



The Harrell, Tolp and Albright team

Top Agents

The top associates for the month of June at John Naumann & Associates are:

Top listing agent, LeAne Taylor Suarez; top listing team, Harrell, Tolp and Albright team; top sales agent, Ralph and Cathy Galietti; and top team, Walters Group.*



Cathy and Ralph Galietti



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Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I was shocked and appalled to read in the newspaper that a single woman with no job, no husband and living in a tiny house with her parents and her six older living children could have in-vitro fertilization and deliver eight more babies. There is little doubt that the taxpayers will have to pick up the bill for the next 20 years plus. What is this country coming to?

Dear Agnes,

This seems to me to be medical technology gone amuck, and an extreme violation of medical ethics.

I was always under the impression that



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children needed a married mother and father. The father supported his children and made it possible for the mother to give care. That mindset, I guess, has long gone to extinction.

I cannot imagine any ethical physician allowing such a procedure to go to term. Apparently, money was his motive and I wonder if he also committed to their support for the next 20 years.

Lizzie

Dear Agnes,

Well, the reality show pushes me over the edge. Unfortunately, I bet you millions will watch it like a bad train wreck, so awful but they cannot turn away.

There are many facts we do not know; maybe the mother lied to her physicians about her circumstances. Many of us do lie to our doctors. Maybe the physician told the mother the pregnancy needed to be reduced but she refused. There is a term for patients not following medical advice: AMA. If a patient refuses a procedure and makes an informed decision, a physician cannot force a patient to have a procedure. I think there is a criminal statute that covers that. I am sure the details will be fodder for the electronic and print media for months to come.

Just a small but important point: the mother of the 14 children lives with her parents. She came from an intact family with a married mother and father. So maybe the marriage certificate is not what is important as much as the quality of parenting in an intact family or single parent family that is the critical factor.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\\$

ISLAND SUN BUSINESS NEWSMAKERS

Realtor Joins Firm

usan Gordon recently joined RE/MAX of the Islands. Gordon is a Sanibel and Captiva Island Specialist (SCIS) and a Certified International Property Specialist (CIPS).☆



Susan E. Gordon

Eden Energy Medicine

Feeling Disconnected? Meet The 4th Thump



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

hose in the Eden Energy community have been waiting for this announcement for years. What's the hoopla? A wav

to ground each morning with ease. As a refresher, there are three other thumps (K 27s, Thymus Thump and Spleen Thump) that are part of the Daily Energy Routine, the keystone of EEM. The 5-Minute Routine develops a strong energetic core, leaving one feeling invigorated. One exercise in the 5-Minute Routine is now called The Four Thumps. Engaging the body's energies by thumping at four different locations gets energies moving forward, boosts and restores energetic balances, increases strength and vitality, and strengthens the immune system by stimulating the energy in the thymus gland (directly linked to your immune system and the production of T-cells), the spleen meridian (metabolizes everything that goes through your body), the Kidney 27 acupressure point (the end point on your Kidney Meridian) and now the Grounding Thump.

This latest thump activates the stomach meridian, which channel begins on the face and flows down to the feet, off the second toe and into the Earth so the energies of the body are literally connecting to the Earth's energies. As electromagnetic beings, we need to be connected to the Earth to function and thrive. If we are not grounded, one might experience excessive worry, feel generally weak or disconnected from self and others.

The 4th Thump should be done as the first or second of the four thumps. By beginning as the first thump, it may be easier to remember, since the

thumps then move from the face down the body. Since the stomach meridian's energy is also associated with the emotion of worry, it is beneficial to start the day with tapping on the face and thus getting a fresh new perspective on the day, leaving worries and distress to drain form the body right into the Earth.

Let's begin. While tapping, make sure you breathe in through the nose and out through the mouth. Stand nice and tall. Place your right hand on the right cheek bone directly under the pupil of the eye and the left hand on the left cheek bone. Now, tap vigorously for 15 to 20 seconds or until you feel an energetic shift – perhaps a yawn, deep breath, sigh or just sense release.

Given this new thump, we will revisit the other three thumps over the next several weeks.

Have fun with your energy! Next week's topic is Thump To Jump: Tap K

If you have a question, email Karen Semmelman at SemmEnergyCenter@ gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I was in a relationship for several years that ended two months ago. I know I had to go through the grieving, but I am feeling like I am ready to start dating again. Have I

given it enough time?

A: While it is natural to feel a loss after a breakup, if you feel you have healed and you are ready to date again, it might be good to test the waters initially rather then delving into another relationship and think about what you would like in someone.

If you are thinking about others and what it would be like to be with them without thinking about your ex, that is an indication you may be ready to move on. If not, then perhaps it is best to take more time for healing. You will know when you are ready especially if you spend some time with others and you find you are enjoying yourself and your heart is open then the next chapter will appear.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@ gmail.com.☆

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deaRPharmacist

How To Make Natural Mosquito Repellant

by Suzy Cohen, RPh

Readers: It's that time of year again buzz, swat, slap - it's mosquito season. Chances are you live in an area that has a thriving population of mosquitoes or other nuisance insect bit-

ers. These pesky, irritating insects can pose a health concern. The bites can cause itchy allergic reactions and some of them spread disease like West Nile virus, malaria, Lyme or a newly discovered virus called Chikungunya, recognized by the CDC.

Mosquitoes infected with a virus can transmit the virus to humans and lead to problems with swelling and inflammation of the brain. The new virus Chikungunya causes fever, joint pain and swelling, headache, muscle pain or rash. Even with the innumerable number of mosquitoes on this planet, it is unlikely that you will be bit by a mosquito and end up with a serious, life threatening infection, but these pests can certainly make an outdoor activity unpleasant with the uncomfortable bites.

Prevention is worth a pound of cure. Traditional mosquito repellant sprays contain two popular insecticides, DEET or pircaridin. Did you know that DEET is a toxin to the nervous system and especially dangerous to infants? It should only be used a short period of time, and I have used it personally during tick season when I could have had a major exposure. But it begs the question: Isn't anything safer if you just want to go to the lake or the park?

A recent study compared DEET and picaridin against four popular essential oils and it was published in the *Journal* of Vector Ecology in December 2014. They tested citronella, catnip, vetiver and hairy basil (yes "hairy," not holy basil). Of those, vetiver provided the strongest repellant effect against the insects. The popular synthetic insecticide picaridin had the least effect of all against all the mosquito species tested.

In another study with the malaria carrying mosquito, the best repellent activity occurred with hairy basil, lemongrass, and citronella. Other helpful natural repellants include emu oil, lily turf or monkey grass, sweet wormwood oil or artemesia annua, and ginger essential oil. Findings from these studies really lend support to the idea of using natural essential oils before smothering yourself with synthetic chemicals.

Make your own spray bottle of mosquito repellant by adding the following essential oils to 8 to 10 ounces of water (adjust oils based upon scent if you want): 8 drops vetiver

- 6 drops lavender
- 4 drops lemon
- 2 drop ginger
- 3 drops wormwood oil

Combine these oils together in the water and spray area or arms/legs. Do not spray into face.

Here's another yummy, easy idea. When barbecuing, include fresh rosemary or sage herb in your recipe; if you don't want it on your food, place it on top of foil on the grill so the smoke (and aroma) act like a repellent.

Wear light long sleeve clothing where possible. Make sure you have enough B complex on board, there is anecdotal evidence to suggest that B deficient people are more attractive to mosquitoes.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.

Doctor Joins SalusCare Staff

Fisher has joined SalusCare, Inc., as a psychiatrist treating adults with mental health and substance use issues.

Dr. Fisher will provide outpatient treatment via telemedicine, which allows healthcare



Anton Fisher, DO

professionals to evaluate, diagnose and treat patients using telecommunications technology, such as video and telephone conferencing.

For more information, call 275-3222 or visit www.SalusCareFlorida.org.\$\times\$

From page 41

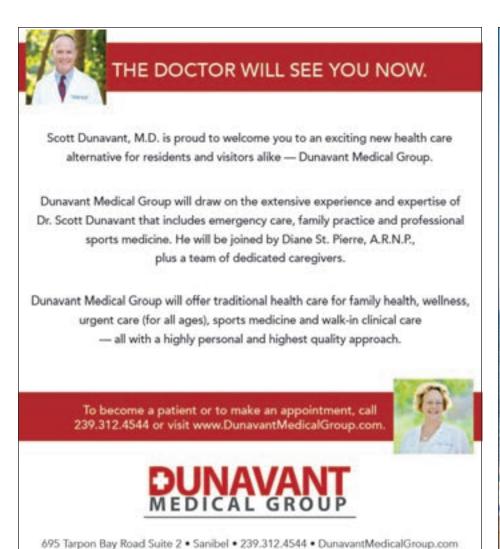
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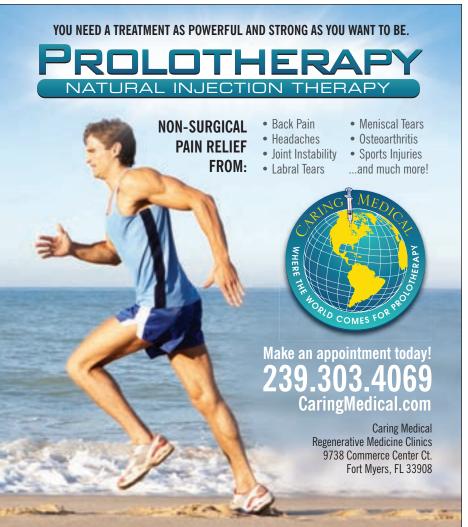
Children in Indianapolis.

Dr. Kovarik is board certified by the American Board of Ophthalmology and is a member of the American Society of Pediatric Ophthalmology and Strabismus, and the American Academy of Ophthalmology. Areas of expertise include eye muscle disorders, amblyopia, retinopathy of prematurity, childhood cataracts and glaucoma, ptosis, nasolacrimal duct obstructions, and ocular injuries.

Dr. Kovarik's office is located at 15901 Bass Road, Suite 108 in Fort Myers. Appointments can be scheduled by calling 343-9890.

For more information, visit ChildrensHospitalGoal.org.





My Stars ★★★★

FOR WEEK OF JULY 13, 2015

ARIES (March 21 to April 19) A perplexing situation needs to be dealt with in order to avoid problems later on. Rely on both your own sense of what's right and the advice of someone you trust to help work it out.

TAURUS (April 20 to May 20) Let your sharp Taurean business insight guide you when considering a "dream deal." Without all the facts, it could turn into a nightmare. Remember: Investigate before investing

GEMINI (May 21 to June 20) Sharing so much of your time and your gifts with others is what you do so well, and this week, don't be surprised if others want to share with you. Enjoy the experience. You've earned it.

CANCER (June 21 to July 22) A difficult personal situation seems to defy efforts to resolve it. Perhaps you're too close to it. Take some time to reassess what went wrong, and then see where things can be set right.

LEO (July 23 to August 22) Leonine pride could be piqued a bit when someone else appears to be standing in your light. Be patient and resist the urge to growl at the interloper. You'll soon be the "mane" attraction again.

VIRGO (August 23 to September 22) A professional situation benefits from your clear assessment of the circumstances involved. On the personal side, that new relationship looks as if it will continue to

LIBRA (September 23 to October 22) More good news about a loved one helps reassure others who could not share your more-optimistic view before. Continue to help everyone in need of your comforting presence.

SCORPIO (October 23 to November 21) Creating new friendships could turn out to be the unexpected but welcome result of reconnecting with old friends. The weekend is a good time for fun and games. Enjoy!

SAGITTARIUS (November 22 to December 21) The more you learn about what you plan to do, the more likely you are to consider making some changes in your plans. This is good; don't resist it. Instead, go with it.

CAPRICORN (December 22 to January 19) A career change is still in your aspect, but a potential workplace change could be what you've been looking for. See what develops before making any drastic

AQUARIUS (January 20 to February 18) Your energy levels are high this week, which should help you get all your workaday tasks done and still leave you with enough breath to handle some domestic challenges.

PISCES (February 19 to March 20) An unexpected fluke could cause problems with your travel plans. If so, use the time to troll for other available options, and you might be pleasantly surprised at what turns

BORN THIS WEEK: You enjoy the company of lots of people, but you also can treasure the moments shared with just one special person.

THIS WEEK IN HISTORY

• On July 16, 1863, the draft riots enter their fourth day in New York City in response to the Enrollment Act, which allowed wealthier citizens to pay \$300 to avoid military duty. More than 1,000 people died in the violence, which was only

contained by the arrival of Union troops from the battlefield at Gettysburg.

- On July 19, 1879, Doc Holliday kills a man for shooting up his saloon. Despite his reputation as a deadly gunslinger, Doc Holliday engaged in just eight shootouts and killed only two men. The second was at the O.K. Corral in 1881.
- On July 17, 1944, an ammunition ship explodes while being loaded in Port Chicago, California, killing 332 people. Poor procedures and lack of training led to the disaster. The blasts were felt as far away as Nevada.
- On July 15, 1971, President Richard Nixon stuns the nation by announcing that he will visit communist China. Since the Communists came to power in China in 1949, Nixon had been one of its most vociferous critics.
- On July 13, 1985, in London, Prince Charles and Princess Diana officially open Live Aid, a worldwide rock concert to raise money for the relief of famine-stricken Africans. The 16-hour concert was globally linked by satellite to more than a billion viewers in 110 countries.
- On July 14, 1995, the MP3 file compression format is born, allowing music files small enough to be stored in bulk.
- On July 18, 1999, New York Yankee David Cone pitches the 16th perfect game in major-league history with a no-hit, nowalk victory over the Montreal Expos. Cone needed only 88 pitches, 68 of them strikes, to set down 27 Expos in a row.

STRANGE BUT TRUE

• It was Italian novelist and philosopher Umberto Eco who made the following sage observation: "Fear prophets and those prepared to die for the truth, for as a rule they make many others die with them, often

before them, and at times instead of them."

- Iconic American rock band the Grateful Dead were originally known as the Warlocks.
- It takes an average of 45 seconds in a microwave to make a Twinkie explode.
- Dedicated experts at the University of Connecticut Alcohol Center conducted a study in which it was determined that light beer is more likely to cause a hangover than dark beer is. Evidently, lighter beers tend to be more highly carbonated, which causes the alcohol to go through the system faster.
- It's been reported that the Department of Defense has contracted a private lab to come up with a smell that's so bad, it can be used to control unruly crowds.
- The 1942 film "Casablanca" is consistently considered to be one of the best movies ever made. However, executives at Warner Brothers didn't expect much from the film and gave the producers an extremely small budget. In fact, they were so strapped for cash that the plane used in the movie's iconic final scene was no more than a cardboard cutout.
- The original American Express card was not green, but purple. The now almostubiquitous green wasn't introduced until
- Those who study such things say that if you have bad breath, you're more likely to be bitten by a bat.
- In the 1970s, there was an epidemic of teenagers sniffing airplane glue to get high. In order to discourage this practice, the glue manufacturers began adding an intense oil of mustard to the formula.

THOUGHT FOR THE DAY

"Happiness is good health and a bad memory." -- Ingrid Bergman

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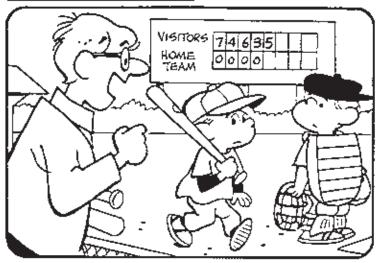
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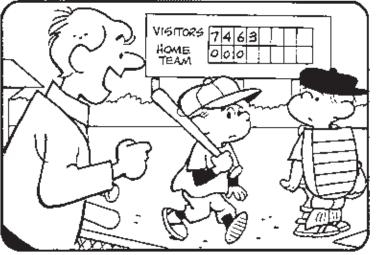


HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences; 1. Glasses are missing. 2. Arm is moved. 3. Bat is shorter. 4. Pants are profer. 5. Scoreboard numbers are missing. 6. Mask is missing.



SCRAMBLERS Unscramble the fectors within each rectangle to fourn four ordinary words. Then rearrange the board Letters to form the mystery word, which will complete the gag! Consume GISTED Flend TUBER Grumpy UNSELL True ALLOY TODAY'S WORD answer on page 51

		7		1		2		
	5				2		4	
9			8					3
		6	5		8	3		
	8		1				6	
2				4				1
		3			5		2	
	1		3			9		
4				9				5

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

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Sanctuary At Wulfert	Sanibel	2006	6,226	\$2,995,000	\$2,800,000	63
Seagate	Sanibel	1987	3,488	\$2,695,000	\$2,385,000	109
Cape Hickory	Bonita Springs	2014	4,122	\$2,755,000	\$2,376,000	391
Shell Harbor	Sanibel	2000	4,138	\$2,400,000	\$2,350,000	7
Captiva Beach	Captiva	1992	3,802	\$1,795,000	\$1,640,000	937
Bend Of Whiskey Creek	Fort Myers	2005	3,068	\$1,150,000	\$1,050,000	67
Avieto	Bonita Springs	2005	4,206	\$1,100,000	\$1,000,000	241
Grande Estates	Estero	2005	3,489	\$895,000	\$877,500	14
Intracoastal Harbour	Fort Myers	1994	2,730	\$898,000	\$875,000	86

Courtesy of Royal Shell Real Estate

NOW HERE'S A TIP

- Use a carabiner clip to hold the handles of grocery bags together. They will roll about less in the trunk and are easier to carry into the house when you get home.
- "Many people keep some pet food outdoors. If you have problems with ants in your pet's food if feeding outside, you will like this trick: Place the bowl of food into a

larger pan filled with water. The ants can't cross it, and it has the added bonus of being another source of water for the animals. Be sure to change it frequently." -- P.Y. in Alabama

• "We unexpectedly had friends visit with their granddaughter. Since it was unplanned, and we aren't used to little kids, we were unprepared. My quick-thinking husband split open a garbage bag to use as a protective

liner on the bed in case of an accident." --D.D. in Oregon

- Witch hazel is an old remedy for bruises and bumps. You can find it in the first-aid aisle by the peroxide and rubbing alcohol. Simply moisten a folded paper towel, and park it right on the bump (never near the eyes or mouth). It prevents bruising and can lessen swelling in some cases.
- Need to cross out a note so nobody can

read it? Take this tip to the scratch pad: Instead of scribbling over something to be crossed out, write random letters over your words until the whole thing is illegible.

• "File this under you CAN teach an old dog new tricks: While watching videos on a cellphone with my daughter, I found out that a pair of folded sunglasses makes a fantastic stand." -- C.E. in Maine

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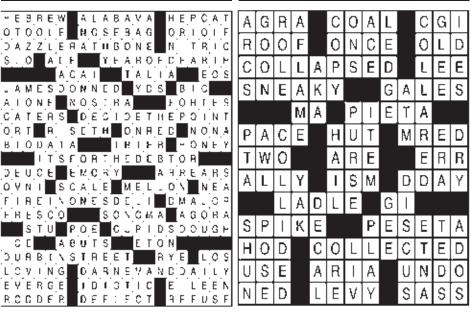
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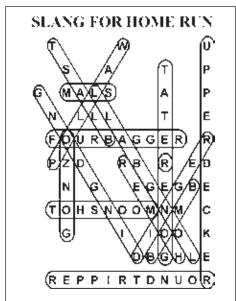
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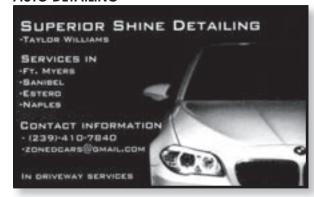
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ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED

Retired couple with 25lb house broken 6 year old Cocker Spaniel. Furnished non-smoking house or condo preferable. Excellent references. Jim 303-523-8775 *NS 7/10 CC 7/31

SERVICES OFFERED

HOME/CONDO WATCH **CONCIERGE SERVICES**

Dorado Property Management * Island Resident * Licensed & Insured * 24/7 * www.doradoproperty.com Call Lisa or Bruce at 239-472-8875 &RS 3/21 CC TEN

ANNUAL RENTAL

ANNUAL RENTAL

Mastique-Luxury high-rise, just off island-3bedrm 2Bath-Avail Oct 1-Unfurn. \$2,200/mo-walk/bike to beaches www. mastiquemarketing.com- Seahorse Rentals 239-940-6610 #NS 6/19 CC 7/10

UPHOLSTERY

On Island Free Estimates. Over 15 Years Experience. Offering Professional Upholstery Services, Custom Art and Hand Painted Furniture. Lacy@LacyMcClary.com or 918-740-4972. #NS 1/23 CC TEN

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Lic# EC12002788. Call Roger 239-707-7203. Aqualink - Motor Controls. Office & Store Maint. ₩RS 6/7 CC TEN

MOBILE DOG GROOMING

Self-Contained Trailer Up to 40 Lbs., Total Grooming, Package, Please call. 239-313-7140. #RS 3/6 CC TFN

HELP WANTED

COMMERCIAL RENTAL

OFFICE SPACE FOR RENT

Great office space for rent. Great location, 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009.

UPSCALE FURNISHED ROOM

SEASONAL RENTAL

Short or long term. Between College and McGregor. Private Pool Home off River, from \$150 plus, with Bath (semi or private) cable, wifi, NO PETS/ KIDS or SMOKERS. Professionals call 239-297-8983

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction Sanibel & Captiva • 239-565-0471 Sanibel Lic. #11412 Lee Co. Lic. #051047

VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189. **X**NS 11/1 NC TFN

OFFICE SPACE AVAILABLE



#1 - Office Space Available 1 unit available for rent in the popular Sanibel Square property with 2rooms/1bath with 998sq. feet. Great place for your private office or business.
#2 - Office Space Available
1 free standing unit for rent with popular Sanibel Square property. Please call Judy @ 239-851-4073. NS 7/3 BM TFN

SANIBEL COTTAGE FOR RENT 3B/2B Private mid island location. Walk to many island conveniences & easy bike ride to bay/gulf beaches. Fully furnished incl w/d. Nov-April \$1,300 wk. \$4,000 month May-Oct \$800 wk \$3,000 month 773-507-8095 \$NS 2/27 CC TFN

RE/MAX OF THE ISLANDS

Putting owners and tenants together Call Ryan Block www.remax-oftheislands.com 239-472-2311 ** RS 1/23 BM TFN

AFFORDABLE HOME CARE

Private Duty & Personal Assistant Flexible shifts from 4hrs, Live Ins & 24hrs Bath Visits. Alzheimer's Care. Bedridden Stroke, Parkinson's, Traveling Companion Licensed and Insured. 239-444-6914 \$NS 11/28 CC TFN

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11. ANS 7/11 NC TFN

Retired Police Captain Lives on Sanibel Very Reasonable Rates (239) 728-1971

SANIBEL HOME WATCH

Will Check Your Home Weekly

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and

SCARNATO LAWN SERVICE

Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com

VOLUNTEERS NEEDED IMMEDIATELY

The Senior Companion Program provides volunteer opportunities to seniors 55 vrs. old and older, to offer companionship & friendship to frail elderly individual who are homebound and generally living alone. These volunteers serve 20 hours each week and receive a small non-taxable stipend, of \$2.65 per hr. and .40 a mile for travel, on-duty insurance, as well as annual health screening. Please call the Dr. Piper Center at (239) 332-5346 ask for Jonah or Lourdes.



3rooms/1bath with 697sq. feet also in the

San éxel & Captival stands

ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED

Medical professional, wife and 1 high schooler looking for 1-2 yr. annual rental 2-3 bedroom w/garage. Previous Sanibel homeowner for 8 yrs, excellent references. (810) 471-0025

* * ★ PLACE CLASSIFIED - online at - www.lslandSunNews.com



★ ★ ★ CLASSIFIEDS ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

SUNDAY SCHOOL NURSERY TEACHER 0-K

Sunday School Nursery Teacher 0-K wanted at Sanibel Church wanted to start immediately. This is a year round paid part-time position for Sunday mornings only. Background check and references required. Mainstream theology required. Previous childcare/teaching experience preferred. For details call 239-472-0497

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882

JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.

**NS 5/29 CC TFN

FOR SALE

40 GALLON FISH TANK



Includes wooden stand for storage hood light, pump, filter, heater and other accessories, good condition, 54" high x 30" wide x 12" deep. \$175. OBO Call 239-851-3506. **N\$ 7/10 NC TFN

FOR SALE

SANIBEL FURNITURE SALE 1 WEEK ONLY

DINING TABLE/6 CHAIRS - LRG
ENTERTAINMENT CTR - COFFEE TABLE
- KING BED SET - MARBLE END/SIDE
TABLES - RUGS. 605-206-0146 to view
*NS 7/3 NC 7/3

MAINE COON KITTENS

Registered Maine coon kittens
(CFA and TICA.) Vet checked, all shots,
parasite free. Big, sweet lovable. Long time
registered breeder on Sanibel. \$950.
Amy (c) 239-699-8741.
**NS 4/3 CC TFN

PIZZA DELIVERY

BEACH PIEZ PIZZA

Now delivering to CAPTIVA!

We also deliver to a beach access or job site! Call 239-47BEACH

(472-3224) or visit www.beachpiez.com.

LOST AND FOUND

LOST CAT

Black and White.
Last seen East End of Island,
Yachtsmans Drive. Reward.
Please call 239-224-8471 or 277-0058.



\$100 REWARD 36" at shoulder Akita/Shepherd mix

Akita/Shepherd mix
Call 636-399-4428
*NS 7/3 NC 7/10

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800

VEHICLES FOR SALE

GOLF CART FOR SALE



Street legal, "gas" powered. \$6,500. 239-209-6500 *NS 6/5 BM TFN

CAUTION

GARAGE •
MOVING • YARD
SALES

ESTATE SALE on SANIBEL

2030 Sunrise Circle
Sat, 7/11 from 8:30am - 2:00pm
TONS OF STUFF incl bikes, TV's,
Furniture and MUCH MORE!
**N\$ 7/10 CC 7/10

Read us online: www.lslandSunNews.com

LIVE ON THE ISLANDS

The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn has live entertainment with Bad Banditos on Friday and Saturday. Doc Carter plays on Sunday. Taylor Stokes plays on Tuesday and Wednesday. Crab shows are on Mondays and Thursdays.

The Jacaranda has live entertainment on Friday and Saturday with Megaforce Band, playing Caribbean and top 40s. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing classic R&B, jazz and pop. Woody Brubaker performs jazz and pop on Wednesday. Joe McCormick and Marvilla Marzan play on Thursday.

The Island Cow on Periwinkle
Way has live entertainment on Friday
with Gene Federico. Jay Helt plays on
Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

Pets Of The Week

y name is Peebs and I was abandoned by my owner and barely made it out before our trailer was demolished. Despite my unfortunate past, I somehow emerged as a great dog. Our volunteers think I'm wonderful. I'm affectionate, smart, well-mannered and play well with other dogs. Won't you please consider making me your forever companion? My adoption fee is \$40 (regularly \$75) during Animal Services' Red, White or Blue adoption promotion.

I'm Muffin, a quiet-natured young girl who loves treats and playing with toys. However, my most favorite thing to do is cuddle. There are lots of energetic kittens at the shelter but if you are looking for a quiet, affectionate lap cat, I'm the one for you! My adoption fee is \$15 (regularly \$50) during Animal Services' adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www. LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☼



Peebs ID# 613632



Muffin ID# 621990

PAWS Of Sanibel

Mocha And Espresso



Espresso

pair of beautiful kitties were abandoned on June 13 next to a customer's parked car at Bennett's coffee shop on Sanibel. The female tabby (Mocha) was left in a carrier and the black male (Espresso) was left in a cardboard box. They had already been spayed and neutered. PAWS of Sanibel has had them combo tested, and given them all their shots. They are currently boarded at Coral Vet in Fort Myers. They obviously shared a home together at one time, and it would be great to find that for them again, however, that might not be possible.

If you have room in your home and your heart for one or both of these abandoned kitties, call Pam at PAWS of Sanibel at 472-4823.



CALLING CARD 239-395-1213

Emergency 011
Emergency
Sanibel Police
Lee County Sheriff's Office
On Call Captiva Deputy
Fire Department Conibal 470 F50
Fire Department - Sanibel
Fire Department - Captiva 472-9494
Florida Marine Patrol
Florida Highway Patrol
Poison Control
Observation of Osservation
Chamber of Commerce
City of Sanibel
Administrative Office
Building Department
Planning Department
Library - Sanibel
Library - Captiva239-533-4890
Post Office - Sanibel
Post Office - Sanibel (toll free)800-275-8777
Post Office - Confidence (toll flee).
Post Office - Captiva
Sanibel Community Association
Center 4 Life - Senior Center
ARTS
Arcade Theater
Art League Of Fort Myers
BIG ARTS - Barrier Island Group for the Arts 395-0900
Broadway Palm Dinner Theatre
Fort Myers Symphonic Mastersingers
Gulf Coast Symphony
Lee County Alliance for the Arts
Naples Philharmonic 597-1111
The Herb Strauss Schoolhouse Theater
Sanibel Music Festival
Sanibel-Captiva Art League
SW Florida Symphony
CLUBS & ORGANIZATIONS
ABWA - American Business Women's Assoc 565-7872 or 433-7798
American Legion Post 123
American Legion Post 123 472-9979 Angel Flight SE 1-877-4AN-ANGEL
American Legion Post 123 472-9979 Angel Flight SE 1-877-4AN-ANGEL Audubon Society 472-3744
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American Legion Post 123 472-9978 Angel Flight SE 1-877-4AN-ANGEL Audubon Society 472-3744 CHR Community Housing & Resources 472-1188 Community Foundation of Sanibel-Captiva 274-5900 CROW - Clinic For The Rehabilitation of Wildlife 472-3644 FISH of Sanibel - Friends in Service Here 472-0404 Sanibel Island Fishing Club 472-8994
American Legion Post 123 472-9975 Angel Flight SE 1-877-4AN-ANGEL Audubon Society 472-3744 CHR Community Housing & Resources 472-1185 Community Foundation of Sanibel-Captiva 274-5900 CROW - Clinic For The Rehabilitation of Wildlife 472-3644 FISH of Sanibel - Friends in Service Here 472-0404 Sanibel Island Fishing Club 472-8994 Horticultural Society of the Islands 472-6940
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American Legion Post 123 472-9978 Angel Flight SE 1-877-4AN-ANGEL Audubon Society 472-3744 CHR Community Housing & Resources 472-1188 Community Foundation of Sanibel-Captiva 274-5900 CROW - Clinic For The Rehabilitation of Wildlife 472-3644 FISH of Sanibel - Friends in Service Here 472-0404 Sanibel Island Fishing Club 472-8994 Horticultural Society of the Islands 472-6940 Horticulture and Tea Society of Sanibel and Captiva 472-8334 Kiwanis Club 677-7298 League of Women Voters sanibelLWV@gmail.com Lions Club, Tom Rothman 395-3248 Master Gardeners of the Islands 472-6940
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BEACH CHAIR PAST

answers on page 51

Super Crossword

"CAN'T YOU SEE I'M DIZZY?!'

82 Get hitched

83 Maximum

86 Post-OR

area

92 Prellity

95 Bested

97 Online

site

99 Tom of

101 Pataki's

Mano

102 Make fundus.

103 Fort flourish

106 Nest builder

dramatist

сотронной

four Emmys

(rather than)

William

to Gigi

111 Falco with

113 Janalar ches

114 "Auld Lang

112 in -- of

107 "Picnic"

108 Organic

109 Head.

95 "Nerd1V"

87 OR worker

89 Before now

petwork

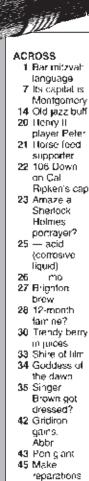
investing

*Torregrow

predecessor

100 Slacking sort

on the 1y



- 48 Areas of expedise 51 Provides party platters 53 Determine which feam. scored?
- 57 Supper scrao. 58 "Egypt JD Tke a flood": Jeremiah 46:8
- 60 "NO TURN /traffic SHIOL 61 Octa- plus
- résumé 64 Judge on the benon, e.g.
- 65 Bee creation consolidation 112 loan?
- 71 Two-spot 74. University in Atlanta 75 In (owing)
- 79 Ola science magazine 80 Balance dan 81 Pittsburgh's Camedie —
- University 84 Instructors'
- 85 Sub-stop 46 Cosa -(Mahais kin) blaze*

- 88 Relative key 125 Say molito оf В пиног
- 90 Michelangelo DOWN work 91 California wine region 93 Old Greek
- market 94 Lowin of old films "The fell Tale Heart'
- taleleller 98 Moda earned by a lave cod? 100 Blocks from the freezer
- 62 Relative of a 102 is up against 104 School in Borkshire. 105 Road named after singer
- Deanna? 66 Fact about a 110 Seeded loaf Alamilos, California.
 - 115 Thinking the world of 116 What to do to socks that tear every 24
 - hours? 120 Appear 121 Asinine 122 Late actress Bronnan
 - рою **123** Hot- — (drag 32 Atlas feature racer) 35 Son of Isaac 124 Turn from a 36 Video game.

- 37 Catchphrase 38 Phenyl encer 39 Saw-footned
- 1 Modar trays 40 Ingrain 2 List-ending Soft 8. 43 Jazz genre 3 IV down 44 Limonite.
- e.g. 47 Worship 4 "Frasier" woman 5 Jazz singer 48 Nursed, say Fitzgerald 49 Km of less 6 Lil fellow 50 Don't depart.

52 Uses a stool

Fed

'Mean Girls' 54 Writer Blyton 8 Truckload. 55 Grove class: 56 Kind of tea 9 Deadly pale 10 Neuwith of 59 "Frasier"

Gasteyer of

songi

artist

17 Amendment

18 Samuel of

19 PC whizzes

24 intel mission

(stereos)

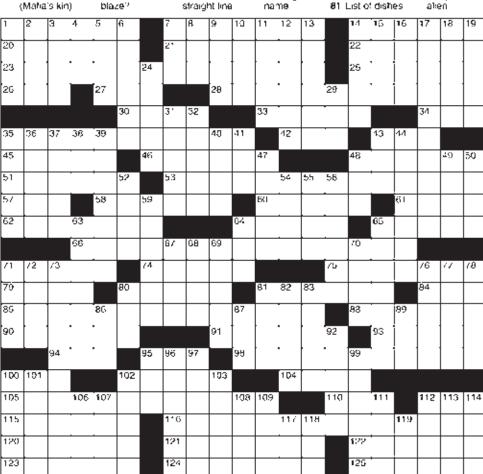
31 Positive

justice

29 Hr. -

atbr.

- (Mariners) "If I Had stadium) (Lyle Lovett **63 Most** chancy 64 — w.l be 12 American
- done: avant garde 65 Very trate 13 Anlediluvian 67 Arabian Sea 14 Toyola rival. country 15 request fee
- 58 Actor's part 16 Falafel cread 69 Long lock of han 70 Stamped
 - Tip, as a nat 72 Arab bigwig 73 Frank and ppen
 - 75 Pear variety 77 Corp shuffing 78 Mather of
 - Isaac **80** — ⋅cone
- 117 Amp plug-in 118 Masquerade 119 Furry TV
 - alten



King Crossword

ACROSS Taj Mahal city

- stockina stuffer Hollywood tockery. (Abba)
- Upper palate

6 Bratis

- 13 Farmerly 14 Bygone
- 15 Caved in 17 See 41-Across
- 18 Sly 19 Big winds
- 21 Cellist Yo-Yo 22 Michel-
- angelo. masterpiece 24 Wear a rut
- ii the rug 27 Shack 28 TV's talking
- horse 31 Paid
- 32 Exist 33 Mess up
- 34 Partner
- 36 Doctrine
- 37 6/6/44 38 Turcen
- accessory 40 U.S. saldier
- 41 With 17-Across, "Do the Hight Thing director
 - Mim c

- 43 Spanish pre euro money
- Souttle 48 Gool and 08'00
- 51 Exploit 52 Metinjelody
- 53 Loosen 54 Actor Beatty
- 55 Tax 56 Lip

DOWN Garved

- paths
- Continue Portraval 3 Blazing
- 6 Switch

- positions Expert ġ S:II
- 9 Apprehended 10 Merriment
- 11 Mid-month date
- 16 Alias abbr. 20 Sidispenser Prize maney
- 23 Coupte, in a gossip colunto.
- 24 School oig 25 Preroing too:
- 26 Crashed 27 Greet 29 Historic
- periad 30 Parched

- 35 Tibetan bovine 37 Olympic
- 39 Transfer 40 'Gosh'
- 41 Stay away from
- 42 Sit for a shot 43 Stage
- presentation 44 İtalian volcano.
- 45 1Bill & - Excellent Adventure'
- 46 Fusses 49 Trampar
- toad 50 Tyler or **Ullmann**

SLANG FOR MAGIC MAZE HOME RUN

TNKIFWDAXVIU Q O M J S H F A C A Y T W U P RPGNMALSLJHAFDP BZXNVLLLTRQTOME OURBAGGE D B Z P Z D Y W R B V R T E D ROONNLGKIEGEGB H F D T O H S N O O M N M C C AZXWGVUWIS 100 R K Q O N M K J T H A D B G H L E FEDREPPIRTDNUOR

Emd the listed words in the diagram. They run mall directions forward, backward, up, down and diagonally

Blast Bomb Ding-dong Dinger

Four-bagger Goner Gonzo

Homer

Long ball Moonshot Round-tripper Slam

Upper-decker Wallon



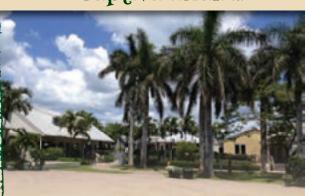




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